

A program to help you watch your weight *and* wallet

Aetna Weight ManagementSM Discount Program

Lose weight and feel great! The **Aetna Weight Management discount program** can help.

You can save on weight-loss programs and products from Jenny Craig, one of the largest weight management firms in the world. Family members on your health benefits and health insurance plan can save too!

Weight management that finally fits

With Jenny Craig, you get a sensible weight-loss plan and products that can help you lose weight and maintain your weight loss. And you can start with a free 30-day program!*

You'll also receive:

- Weekly one-on-one consultations
- Menus planned and personalized for you
- Plans to help you get active and stay motivated

Savings on Jenny Craig[®] weight-loss programs

- Online support and Jenny eTools
- 24/7 customer care support
- Message boards and live chat

Here's how to get started:

1. Go to your secure member website at **www.aetna.com** to sign up.
2. Print out your personalized registration coupon.
3. Call **1-800-96-JENNY (1-800-965-3669)** to find a centre close to you.*
4. Bring your coupon and Aetna ID to get your free consultation.

Here are your program options:

- Start with a FREE 30-day program.*
- Then choose one of the following:
 - >50%* off the 6-month VIP (Gold/Platinum) Program.
 - >20%* off the 1-Year Premium Success Program.

You can visit a Jenny Craig centre or choose the Jenny Direct at-home program. You'll save either way.

*Plus the cost of food and shipping when applicable. Discounts apply to membership fee only. Offer good at participating Centres and Jenny Direct[®] in the United States, Canada and Puerto Rico.

We want you to know[®]



Start with a **FREE**
for 30-day program.*
Then choose the
program that's
best for you!

Get started today!

- Log on to your member website at www.aetna.com
- Visit a Jenny Craig Centre
- Or call **1-800-96-JENNY**
(1-800-965-3669)



*Plus the cost of food and shipping when applicable. Discounts apply to membership fee only. Offer good at participating Centres and Jenny Direct® in the United States, Canada and Puerto Rico.

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Policy forms issued in Oklahoma include: HMO OK COC-5 09/07, HMO/OK GA-3 11/01, HMO/OK POS RIDER 08/07, GR-23 and/or GR-29/GR-29N.

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