

HR-Training Bldg. 703 Job Risk Assessment Lifting and Bending

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Name(s) of Risk Team Members: L. Barone, P. Esposito, D. Hubert, B. Schwaner	Point Value → Parameter ↓	1	2	3	4	5
Job Title: Lifting and Bending	Frequency (B)	≤once/year	≤once/month	≤once/week	≤once/shift	>once/shift
Job Number or Job Identifier: JRA-HR-Training-Lifting and Bending						
Job Description: Working with files, file drawers and boxes.	Severity (C)	First Aid Only	Medical Treatment	Lost Time	Partial Disability	Death or Permanent Disability
Training Procedures List (Optional): Applicable Standard Operating Procedures:	Likelihood (D)	Very Unlikely	Unlikely	Possible	Probable	Multiple
Approved by: Wm Hempfling Date: September 25, 2006 Rev. #: 0						
Stressors (if applicable, please list all)		Reason for Revision (if applicable):			Comments:	

Activity	Hazard	Control(s)	Before Additional Controls					Control(s) Added to Reduce Risk	After Additional Controls					% Risk Reduction	
			Stressor	# of People A	Frequency B	Severity C	Likelihood D		Risk* AxBxCxD	Stressors	# of People A	Frequency B	Severity C		Likelihood D
Pulling out heavy file drawers	Neck and back strain	Ergonomic reviews, back safety training	n	1	5	3	3	45							

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			Stressor	# of People A	Frequency B	Severity C	Likelihood D		Risk* AxBxCxD	Stressors	# of People A	Frequency B	Severity C		Likelihood D
Bending to pull out lower drawers	Lower back strain	Back safety training, limit storage	n	1	5	3	3	45							
Lifting of filled boxes	Back strain	Back safety training, limit storage per box, use of hand trucks	n	1	3	3	3	27							

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*Risk:	0 to 20	21 to 40	41-60	61 to 80	81 or greater
	Negligible	Acceptable	Moderate	Substantial	Intolerable

Further Description of Controls added to Reduce Risk:

Lessons Learned from this Risk Assessment; Improvements, Positive Feedback: