

Compassion And Selfless Service Pathway To Peace

A Talk by Swami Dayamrita Chaitanya, Amma's Senior Disciple

Open to the Public, Free, All are welcome!

Sponsored by BERA's IAA Yoga Club



Amma



Swami Dayamrita (on the right) presenting \$1 million to Bush-Clinton Katrina Relief Fund

Thursday, May 8th, 4:00 - 5:00 PM, Berkner Auditorium, BNL

Who is Amma? Amma (Mata Amritanandamayi), is a world renowned humanitarian and spiritual leader. Her life is dedicated to uplifting people economically and spiritually. Her main teachings highlight the importance of service and compassion which are exemplified by her own life. Amma says, *real meditation happens when we become truly selfless*. It is selflessness that takes one into deep silence. It is through giving that we progress spiritually. Giving is at the heart of all of Amma's institutions and charitable activities. Volunteers manage the projects with the understanding that the benefit is both spiritual and social.

Ongoing Volunteer Projects:

- Disaster Relief: Tsunami, Earthquake
- Free Homes & Orphanages for homeless
- Farmer Relief Project
- Science & Research Centers for development
- Charitable Hospitals, Hospices
- Free Food, Medicines, Medical Camps
- Free Adult Vocational Training
- Soup Kitchens all over the world

Quotes:

"I believe that Amma stands here in front of us, God's love in a human body." Dr. Jane Goodall, primatologist, while presenting Amma the UN Gandhi-King award in 2002

"I want to share with you what I have learned from Amritapuri: Giving. Go on giving. You can give. It's not only money. You can share knowledge. You can remove the pain. And you can even go to the person who is suffering. Every one of us, the rich and poor, can give." -Dr. A.P.J. Abdul Kalam, Scientist, Former President of India, 2006

"Recognized as one of the greatest spiritual social workers of the last millennium." -The Times, Kuwait

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www.geocities.com/aumamma/Info.html