
25 April 2001



The Edge



BNL Toastmasters, Club 8069, District 46

**Meetings are held the 1st and 3rd Tuesday at 5:30 PM and the 4th Tuesday at 12:05
Biology Building 463, Brookhaven National Laboratory, Upton, NY 11973**

<http://www.bnl.gov/bera/activities/toastmstrs/default.htm>

Upcoming Events

Tues., May 1	Club Meeting, 5:30	Theme: Birds	Room 160, Bldg 463
Tues., May 15	10 th Anniversary Charter Celebration		Room 160, Bldg 463

Officers 2000-2001

President:
Ronnie Evans

VP Education:
Nancy Manning

VP Membership:
Frank MacKay

VP Public Relations:
Nand Narain

Secretary:
Amy Halsted

Treasurer:
Claire Heil

Sergeant at Arms:
Beth Lin

Newsletter Editors:
Amy Halsted
Beth Lin
Nancy Manning

**The mission of a
Toastmasters Club is
to provide a mutually
supportive and
positive learning
environment in which
every member has the
opportunity to develop
communication and
leadership skills, which
in turn foster self-
confidence and
personal growth.**

April 17 Meeting

The theme of our April 17th meeting was birds, and Pat Astre was Toastmaster of the Day. Margaret Conover was Jokemaster and Wordmaster. She had a shaggy dog story for us that was bird related, and her word was "ornithology". Pat asked Margaret Foster to step in as Table Topics master and with a minimum of preparation she came up with some interesting questions for us about birds and time.

After the break, Margaret Conover presented the first speech, entitled "Ornithocognition," a word of her own making. She told a number of stories that demonstrated what birds have taught her and what she has learned about birds. She mentioned two websites that have good information about wild birds: <http://www.learner.org/jnorth/> and <http://birds.cornell.edu/>. Margaret's humor and natural delivery made for an engaging speech.

Kim presented the next speech, "The Surprise Dessert," #8 from the basic manual. We relocated to the nearby kitchen space where Kim prepared some delicious no-bake cookies. She led us through the recipe and before our eyes the cookies took shape. Just as we see on the cooking shows, Kim had a finished recipe of cookies for members to taste. Here's the recipe for her easy fudgy cookies: 2 cups (475 ml) sugar; ½ cup (125 ml) cocoa; ½ cup (125 ml) butter; ½ cup (125 ml) milk, ½ cup (125) peanut butter; 3 cups (700 ml) oatmeal; 1 tbsp (15 ml) vanilla. Mix sugar, cocoa, butter and milk in sauce pan, boil one minute. Blend in peanut butter, oatmeal and vanilla, stir well. Drop by teaspoonfuls on wax paper, allow to cool completely. A unique and delicious speech!

Amy spoke next with "Thank You, Nepal," her tenth speech which earned her the

Competent Toastmaster Award (CTM). Amy told the group about a trip she took to Nepal in 1990. She said that the Nepali language has no word for "thank you" because in that Hindu/Buddhist culture a service or favor improves the helper's karma and increases the likelihood of a higher rebirth in the next life. This makes for an easy, joyous exchange between people, without the burdens of debt and gratitude that exist in Western culture. Amy showed slides of Kathmandu, Nepal's capital, and the trails and towns in the mountains south of Mt. Everest.

Pat Astre was the last speaker with "Baby Words," a project from the Entertaining Speaker advanced manual. He spoke about the trials of raising ornery teenagers, and the difficulty in teaching babies to talk. The little ones sometimes seem to resist our earnest efforts to teach them useful words, but then are remarkably quick to learn and repeat any "bad" words that might slip from our lips in an unguarded moment.

Nancy was general evaluator, and she read Kim's evaluation notes on Margaret's speech since Kim had had to leave the meeting early. Margaret Foster evaluated Kim, and Ronnie evaluated Amy. The newsletter editor regrets that she has forgotten who evaluated Pat's speech. Amy presented the AH Counter's report and Kim's timer" report was read. The club spontaneously decided that Margaret Foster's performance as off-the-cuff Tabletopics Master was deserving of the Bull-Thrower award. Nancy noted that while the meeting had been fun and successful, more effort should be made to hold the speeches to the assigned length and to keep the meeting moving quickly. Ronnie closed the meeting.



BNL Toastmasters Regular Meeting Schedule

Date	May 1	May 15	May 22 NOON
Theme	Dance Around the May Pole	Charter Celebration	Final Exams
TMOD	Ronnie	Margaret F.	Kim
Joke			
Word			
Timer	Amy		
Ah counter			
Grammarian			
Table Topics	Margaret C.	Beth	
Speech #1	Margaret C.		Kim
#2	Kim		
#3	Nancy		
#4			
#5			
#6			
General Eval.	Amy	Ronnie	
Evaluator #1			
#2			
#3			
#4			
#5			
#6			
Quiz Master			
Absent			

Congratulations Amy on achieving your CTM!

BNL Toastmasters Club Web site:

www.bnl.gov/bera/activities/toastmstrs/default.htm

Mark your calendars:

Our Charter Celebration is Coming! May 15 will be our Charter Celebration. Join us as we celebrate our 10th Anniversary with special guests, an outstanding program, and light refreshments.

District 46 Toastmasters Spring Conference. Saturday May 19 - Sunday May 20. Woodbridge Hilton, Iselin, NJ.

Members' Progress Report

Member	Speeches completed	Achievements
Pat A.	5	CTM
Susan C.	5	
Margaret C.	4	
Ronnie E.	1	ATM-G + 5 CTMs
John F.	1	CTM
Margaret F.		DTM
Mary G.		
Amy H.	10	CTM
Claire H.	5	
Beth L.	2	ATM-G + 5 CTMs
Patty L.	5	
Frank M.	10	ATM-B
Nancy M.	3	CL, ATM-B
Nand N.	4	ATM-S
Kimberly P.	8	
Luis R.	1	
Betsy S.	5	
Cathy S.	2	
Eric S.	5	

