
June 12, 2003



The Edge



BNL Toastmasters, Club 8069, District 46
Meetings are held the 1st and 3rd Tuesday at 5:30 PM
Biology Building 463, Brookhaven National Laboratory, Upton, NY 11973
<http://www.bnl.gov/bera/activities/toastmstrs/>

Upcoming Events

| | | |
|---------------|---------------------------|---|
| Tues. June 17 | 5:30 Meeting | Biology Bldg. New Officers elected |
| Tues. July 1 | 5:30 Meeting | Biology Bldg. |
| Tues. July 15 | 5:30 Gazebo Party/Meeting | BNL Softball Field Installation of Officers |

Officers 2002-03

President:
Nancy Manning

VP Education:
Brian Boyer

VP Membership:
Pat Astre

VP Public Relations:
Benny Hooda

Secretary:
Margaret Foster

Treasurer:
Ronnie Evans

Sergeant at Arms:
Beth Lin

Newsletter Editors:
R. Evans, N. Manning

Webmaster:
Steve Stein

The mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

June 1st Meeting

The theme was MUSIC and everyone was in tune. Nancy was Toastmaster of the Day.

Craig told a joke about an older couple. It may have been considered very slightly off-colored, but now we know what to expect in our senior years!

Nancy asked some terrific music-related questions in Table Topics. Pat won but did not take the bull-thrower statue, because he said he was already full of bull.

Four speeches were presented. The first speech, from the Basic manual, was using Vocal Variety given by Craig Marcott. The title was **Information vs. Invitation** wherein Craig told a wonderful story about how he was able to “demonstrate” the assembly of an operating room table without ever touching it himself, but rather having resident doctors do all the work. Beth Lin evaluated.

The second speech was an advanced, Humorous Speech, given by Pat Astre. The title was **Las Vegas, What’s Up With That?** Pat kept the audience laughing as he described how things are not always as they seem in that crazy city. Nancy Manning evaluated.

The third speech, from the Basic manual, was using Vocal Variety given by Beth Lin,

entitled **I Can Play Any Instrument Using Vocal Variety**. Beth described how music has been a part of her life since childhood and how she and a childhood friend “studied” piano together. She demonstrated her trick for being able to play any instrument. Ronnie Evans evaluated.

The fourth speech was from the Interpretive Reading Manual, an advanced speech given by Ronnie Evans, entitled **Elizabeth Dole’s Address to the Republican National Convention**. In this Oratorical speech, Ronnie read the words of Elizabeth Dole and Margaret Foster evaluated.

Margaret F. served as General Evaluator, and Beth kept time. Pat was Ah Counter

The following is the **Slate of Officers** for the upcoming Toastmasters year July 01, 2003 – June 30, 2004.

| | |
|----------------------------|------------------------|
| <i>President</i> | Nancy Manning |
| <i>VP Education</i> | Beth Lin |
| <i>VP Marketing</i> | Margaret Foster |
| <i>VP Public Relations</i> | Pat Astre |
| <i>Secretary</i> | Ronnie Evans |
| <i>Treasurer</i> | Ronnie Evans |
| <i>Sgt. At Arms</i> | Zilu Wu |

Other positions:

EDGE Editor – **Ronnie Evans**

WEB Master – **Nancy Manning**

BNL Toastmasters Club Web site:
www.bnl.gov/bera/activities/toastmstrs/



BNL Toastmasters Regular Meeting Schedule

| Date | June 17 | July 1 | July 15 Gazebo Mtg. |
|----------------------------|-------------|--------|------------------------|
| Theme | Summer | | |
| TMOD | | Ronnie | |
| Joke | Pat | | |
| Word | | Craig | |
| Timer | | | |
| Ah counter/ Grammarians | | | |
| Quiz Master | | | |
| Table Topics | | Pat | |
| Speech #1 | Craig | Craig | |
| #2 | Pat | Pat | |
| #3 | Beth | Ronnie | |
| #4 | Ronnie | | |
| #5 | Margaret F. | | |
| General Eval. | | | |
| Evaluator #1 | Beth | | |
| #2 | | | |
| #3 | | | |
| #4 | | | |
| #5 | | | |
| Educational | | | |

Carrot Raisin Salad (Margaret Foster)

- 3 carrots (about 1 cup, finely chopped)
- 1/3 head of cabbage (about 2 cups, finely chopped)
- 1/2 cup raisins
- 1/2 cup chopped walnuts or almonds
- 1/3 cup extra virgin olive oil
- 1/4 cup lemon juice

Finely chop carrots and cabbage in a food processor. Combine with remaining ingredients.

Election: The proposed slate of officers for next year is as follows:

| | |
|---------------------|-----------------|
| President | Nancy Manning |
| VP Education | Beth Lin |
| VP PR | Pat Astre |
| VP Membership | Margaret Foster |
| Secretary/Treasurer | Ronnie Evans |
| Sergeant-at-Arms | Zilu Wu |

Voting will take place at the June 17 meeting. If you will be unable to attend, you may send your vote to Margaret Foster by e-mail in advance.

Annual Gazebo Meeting: July 15 will be our special picnic meeting. New officers for 2003-2004 will be installed. We will meet at BNL's picnic gazebo. Everyone should bring a dish to share. Casual dress is encouraged.

Congratulations to Ronnie Evans who just completed her 6th CTM! Ronnie has also agreed to co-edit the Edge.



Members' Progress Report

| Member | Speeches completed | Highest Educational Level |
|-------------|-----------------------|---------------------------|
| Pat A. | 8 | ATM-B |
| Brian B. | 9 | CTM |
| Margaret C. | 6 | CTM |
| Ronnie E. | 4 (ATM-B) 10 (CTM) | DTM, CTM5 |
| Margaret F. | 3 (ATM-B3) 6 (CTM) | DTM, CTM4 |
| Amy H. | 5 | ATM-B |
| Mi-Eh J. | 6 | |
| Beth L. | 9 (ATM-B) 5 (CTM) | DTM, CTM7 |
| Nancy M. | 1 | ATM-S, CL |
| Craig M. | 6 | |
| Nand N. | 2 | ATM-G, CL, CTM2 |
| Mari R. | 9 | |
| Steve S. | 2 | |
| Zilu W. | 3 | |