
November 12, 2004



The Edge



BNL Toastmasters, Club 8069, District 46
Meetings are held the 1st and 3rd Tuesday at 5:30 PM
Biology Building 463, Brookhaven National Laboratory, Upton, NY 11973
<http://www.bnl.gov/bera/activities/toastmstrs/>

Upcoming Events

| | | |
|---------------------|-----------------------|-------------------------------|
| Tues. Nov. 16, 2004 | 5:30 PM Meeting | Biology Bldg. 463, Room # 160 |
| Tues. Nov. 30, 2004 | 5:30 PM Speakout | Biology Bldg. 463, Room # 160 |
| Tues. Dec. 7, 2004 | 5:30 PM Holiday Party | BNL Recreation Hall |
| Tues. Dec. 21, 2004 | 5:30 PM Meeting | Biology Bldg. 463, Room # 160 |

2003–2004 President's Distinguished Club!

Officers 2004-05

President:
Beth Lin

VP Education:
Amy Halsted

VP Membership:
Margaret Foster

VP Public Relations:
Pat Astre

Secretary:
Aimee Sumereau

Treasurer:
Nancy Manning

Sergeant at Arms:
Megumi Hada

Newsletter Editors:
Nancy Manning
Amy Halsted

Webmaster:
Nancy Manning

The mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

November 2 Meeting

The meeting theme was “Animal Lovers”, and Amy Halsted, a long-time animal lover herself, served as TMOD. She kept the meeting moving along briskly while entertaining us with animal stories. Ronnie opened with a funny joke about men and women on a train; Beth taught us the word **cacophony**; and Guangming questioned us with creative Table Topics. Beth won for her original ideas on keeping squirrels out of the road! Zilu quizzed us to make sure we all paid attention.

Megumi Hada brought to a close her first year in Toastmasters by masterfully presenting her inspiring tenth speech to earn her CTM. Entitled “**My Destiny**”, she told us about how her life has come full-circle. Although she has resisted it all her life, she now finds herself employed as a radiation biologist. Just four days after her speech she left for a new job with NASA. Good luck, Megumi! We hope that you will come back and visit us sometime.

Beth gave an educational talk on “**Selecting a Speech Topic**”. She gave us plenty of good ideas. We should never be stumped for a topic – potential speech topics are really all around us!

Adam Kaelin visited our club for the first time. We hope to see you again soon, Adam!

Missing: Bull Thrower Award Statue

Whoever is the current holder of the Table Topics trophy, please be sure to return it to the club! New winners would like the honor of having temporary custody of our highly-esteemed statue.

Speakout coming up

As November contains a fifth Tuesday, we will take advantage of it to hold a special Speakout meeting. Be sure to sign up for an extra chance to give a speech on November 30.

Don't miss the HOLIDAY PARTY on December 7!

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BNL Toastmasters Club Web site:

www.bnl.gov/bera/activities/toastmstrs/

BNL Toastmasters Regular Meeting Schedule

| Date | Nov 16 | Nov 30 | Dec 7 |
|----------------------------|---------------------|-----------|----------------|
| Theme | Moving Up/Moving On | Speak Out | Holiday Spirit |
| TMOD | Nancy | | |
| Joke | | | |
| Word | | | |
| Timer | Guangming | | Guangming |
| Ah counter/ Grammarians | | | |
| Quiz Master | | | |
| Table Topics | | | |
| Speaker #1 | Aimee | | Guangming |
| #2 | Pat | | |
| #3 | Greg | | |
| #4 | Jim | | |
| #5 | | | |
| #6 | | | |
| General Eval. | | | |
| Evaluator #1 | Frank | | |
| #2 | Amy | | |
| #3 | | | |
| #4 | | | |
| #5 | | | |
| #6 | | | |
| Educational | | | |
| Will be absent | | Pat | Pat |

BNL Toastmasters: Rather than load up these files with graphics, I thought to begin a series of inspirational and/or topical quotes. The one below came in a recent fortune cookie but seems pertinent:

Discontent is the first step towards progress, in a man or a nation.

Members' Progress Report

(please check this table periodically and give any corrections/updates to Amy Halsted, VPE)

| Member | Speeches completed and (next goal) | Educational and leadership achievements |
|--------------|------------------------------------|---|
| Pat A. | 2 (ATM-G) | ATM-S |
| Brian B. | 9 (ATM-B) | CTM |
| Margaret C. | 6 (ATM-B) | CTM |
| Debbie D. | (CTM) | |
| Tom D. | (CTM) | |
| Ronnie E. | (ATM-S) | DTM, ATM-B2, CTM6 |
| Margaret F. | | DTM2 |
| Vicki G. | (ATM-B) | CTM, CL |
| Jim G. | 2 (ATM-B) | CTM |
| Megumi H. | 10 (CTM) | |
| Amy H. | 1 (ATM-G) | ATM-S, CTM |
| Yongbin L. | 2 (CTM) | |
| Beth L. | 7(CTM9) | DTM, ATM-B2, CTM8 |
| Frank M. | 3 (ATM-G?) | ATM-S? |
| Nancy M. | (ATM-G) | ATM-S, CL, CTM2 |
| Craig M. | (ATM) | CTM |
| Nand N. | 6 (CTM) | ATM-G, CL, CTM2 |
| Greg P. | 1 (CTM) | |
| Ruber S. | (CTM) | |
| Aimee S. | 2 (CTM) | |
| Tom W. | 2 (CTM) | |
| Zilu W. | (ATM-B) | CTM |
| Guangming Z. | 1 (CTM) | |