

## GYM SCHEDULE

**The gym is open Monday thru Friday from 7-9am and 11a-9p AND Saturday\*\* from 10a-2p**

League contacts: **Volleyball** – Alain Domingo, ext 7060

**Soccer** – Joe Piacentino, ext 4616

**Badminton** – Jay Adams, ext 4994

**Basketball** – Rich Sanchez, ext 2534

Afternoon		Evening	
Monday - A side	11-2 Basketball	Monday - A side	5-9 Volleyball
Monday - B side	11-12:15 Badminton 12:15-1:15 Kardio Kickboxing 1:15-2 Badminton	Monday - B side	5-9 Volleyball
Tuesday - A side	12-1 Zumba	Tuesday - A side	5-9 Basketball - want to join us? <a href="https://lists.bnl.gov/mailman/listinfo/hoops-l">https://lists.bnl.gov/mailman/listinfo/hoops-l</a>
Tuesday - B side	11-1 Badminton	Tuesday – B side	5-9 Badminton
Wednesday - A side	11-2 Basketball	Wednesday - A side	5-9 Volleyball
Wednesday - B side	11-3 Badminton	Wednesday - B side	5-9 Volleyball
Thursday - A side	11-2 Volleyball	Thursday - A side	5-7:30 Basketball 7:30-8:45 Judo
Thursday - B side	11-12:15 Badminton 12:15-1:15 Kardio Kickboxing 1:15-2 Badminton	Thursday - B side	5-7:30 Basketball 7:30-9 Badminton
Friday - A side	11-2 Basketball	Friday - A side	5-9 Family Night
Friday - B side	11-3 Badminton	Friday - B side	5-9 Family Night
Saturday – A side	10-2 Volleyball		
Saturday – B side	10-11 Judo 11-2 Badminton		

Revised 3-27-12

**\*\* Gym & Pool are closed weekends from Memorial Day and will re-open after Labor Day.**