

April 20, 2002



Timed By

Fit Results www.fitresults.com

Start Time

April 20, 2002 at 3:00 pm in front of Berkner Hall –
Check in 1:00-2:30 p.m.

Description

A scenic USATF certified 4 Mile course consisting of a combination of road and wide trails through the Pine Barrens on Brookhaven National Laboratory (BNL) property. The course is relatively flat with some slight rolling hills in the last mile. Mile markers, mile splits and a water stop at the 2 Mile mark. Walkers are welcome.

Entry Fee

Postmarked prior to 4/12/02 - \$15 or \$12 if you bring a non-perishable food item for the local food bank (see check-off box in entry form). Postmarked after 4/12/02 - \$18 or \$15 with a non-perishable food item.

Proceeds from the event benefit the Long Island Cares Food Bank. www.licares.org

Free Run

Free ½ mile fun run for kids 12 and under at 4:00 a.m.; all competitors will receive a tree to take home and plant in honor of Earth Day.

Awards

Overall male and female finishers will receive merchandise prizes from Adobe Artes. Top three M/F and top three Masters M/F receive merchandise certificates from Long Island's top running stores. First 300 registered runners will receive a Supplex wind shirt (running pullover).

Directions

Long Island Expressway to exit 68 N to William Floyd Parkway. Main Gate is at the second traffic light. From 25 or 25A go south on William Floyd Parkway, main gate is a left hand turn at the first traffic light past Route 25. Directions may also be found at www.bnl.gov/bnlweb/maps.html **NOTE:** For security reasons, everyone over 16 years old must present a photo ID to the guard at the Laboratory entrance to be allowed entry on to the site.

Information

Peter D. Pohlot – Race Director (631) 344-5660. Applications, pictures from last year's event and additional information may also be downloaded from <http://www.bnl.gov/eday>



Mail Applications To:

Peter Pohlot
Brookhaven National Laboratory
Building 130
Upton, NY 11973-5000

Enclose Checks Payable To: BSA

PLEASE PRINT

Name: _____

Address: _____

Town: _____ **State:** _____ **Zip:** _____

Phone: _____ **Sex:** M F **Age:** (as of 4/20/02) _____ **D.O.B** _____

e-Mail Address: _____ **Shirt Size:** S M L XL XXL

Will you be bringing a non-perishable food item for the local Food Bank? Yes

_____ / **No** _____ (entry fee prior to 4/12/02 is \$12 with an item for the food bank / \$15 without, after 4/12/02 the entry fee is \$15 with a non-perishable food item / \$18 without).

I, the undersigned, hereby waive and release any and all rights and claims I may have against Brookhaven National Laboratory, BSA, The Town of Brookhaven, Fit Results and all Sponsors for damages or injuries that may arise out of this event. I am in appropriate physical condition to participate in this race. If I have any physical limitation, I have been cleared to participate by a licensed medical doctor. Further, I hereby grant full permission to any and all the forgoing to use any pictures, or any other record of this event for any purpose whatsoever. If signed by a parent, the parent agrees to release and hold the above named organizations harmless of any claims which may be asserted by or on behalf of the entrant.

Signature: _____

Parent Signature (if under 18 years of Age)

