Quality Management Office (QMO) Job Risk Assessment

Name(s) of Risk Team Members: Condemi, Cyrena E; Stein, Steven H; Patterson, Courtney; Usher, John L; Wilke, Jessica R	**Point Value → Parameter ↓**	1	2	3	4	5
Job Title: **Manual Lifting (of loads of about 50 pounds or less)** **Job Number or Job Identifier: JRA-QMO-05**	**Frequency (B)**	≤once/year	≤once/month	≤once/week	≤once/shift	>once/shift
Job Description: Lifting and movement of objects and packages in building and around grounds	**Severity (C)**	First Aid Only	Medical Treatment	Lost Time	Partial Disability	Death or Permanent Disability
Training Procedures List (Optional): *BNL Back Safety (TQ-BACKSAFE); BNL Ergonomics in the Mechanical and Industrial Setting (TQ-ERGO-IND)*	**Likelihood (D)**	Very Unlikely	Unlikely	Possible	Probable	Multiple
Approved by: R. Lebel Date: 03/16/06 Rev. #: 0						
Stressors (if applicable, please list all) Lighting; walking surface conditions; time pressure; overall physical condition, obstructed view		**Reason for Revision (if applicable):**			**Comments:**	

			Before Additional Controls							After Additional Controls						
Activity	**Hazard**	**Control(s)**	**Stressor**	**# of People A**	**Frequency B**	**Severity C**	**Likelihood D**	**Risk* AxBxCxD**	**Control(s) Added to Reduce Risk**	**Stressors**	**# of People A**	**Frequency B**	**Severity C**	**Likelihood D**	**Risk* AxBxCxD**	**% Risk Reduction**
Lifting and lowering of boxes, containers, packages, equipment, etc. (weight up to 50 pounds [22.5kg])	Overexertion injuries from excessive lifting, pushing, pulling, holding	Proper lifting technique, assistance from others, handle holds built into load, use of carts, use of step stools, tables or platforms to eliminate muscle fatigue	Y	1	4	3	3	36								
	Injury from falls while lifting	Proper lifting technique, floor maintenance; good footwear; housekeeping	Y	1	4	3	3	36								
	Strain/sprain injury from bending or loss of balance without falling	Proper lifting technique, floor maintenance; good footwear; housekeeping	Y	1	4	3	3	36								

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	Being struck by dropped load	Handle holds built into load, proper lifting technique	Y	1	4	3	3	36									
Carrying loads including up & down stairs and ramps	Slips, Trips and Falls	Sufficient lighting, surface maintenance; good footwear; housekeeping; hand rails, carts, use of ramps and elevators as alternative, move close to body for extended periods; "keep your eyes on the road"	Y	1	4	3	3	36									

Further Description of Controls Added to Reduce Risk:

*Risk:	0 to 20	21 to 40	41-60	61 to 80	81 or greater
	Negligible	Acceptable	Moderate	Substantial	Intolerable