BROOKHAVEN NATIONAL LABORATORY

BERA Swimming Program

June 29, 2006 – August 25, 2006
(Non-Camp)

Planned Program:	Each child will be scheduled for one swimming lesson every week for a total of eight lessons. American Red Cross certificates will be awarded to those children who qualify.
Day/Time:	Monday through Friday – 2:15 pm to 3:15 pm (children should arrive at 2:00 pm for preparation)
Place:	BNL Pool
Cost Per Child:	$80.00 registration fee
Participants:	Children or grandchildren of all Laboratory employees, retirees, visitors and facility users. The child should be able to stand flat-footed in the shallow end of the pool, with mouth above the water, approximately 42" tall.

Note: There will be no make-up classes.

RETURN to:
Recreation Office, Building 179B, with your $80 check payable to BERA.

Payment in full is due by May 31, 2006.

If you have questions you may call the Recreation Office at ext. 2873

www.bnl.gov/bera

over

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Date registered _____

Use the following in determining each child's swimming group:

Non-Swimmer	**Beginner**	**Advanced Beginner**	**Intermediate**	**Swimmer**
Not able to swim at all	Not able to swim 40 feet	Able to swim 30 but not 50 yds. Using crawl stroke.	Able to swim 50 but not 100 yds. Using crawl stroke and elementary backstroke.	Able to swim 100 yds. But not able to perform all strokes and swim continuously for 10 minutes.

Weekly schedule of classes:

Class 1	Monday	Non-Swimmer
Class 2	Monday	Advanced Beginner
Class 3	Tuesday	Intermediate
Class 4	Tuesday	Beginner
Class 5	Wednesday	Non-Swimmer
Class 6	Wednesday	Intermediate
Class 7	Thursday	Beginner
Class 8	Thursday	Advanced Beginner
Class 9	Friday	Swimmer
Class 10	Friday	Advanced Swimmer

Child's Name (Please Print)	Age	Requested Class 1 thru 10 1st– 2nd choice

NAME (Please print) _____
(Employee, Visitor, Facility User, Guest, Retiree)
BNL Life/Guest No. _____Bldg. No. _____

Address_____

BNL Phone Ext. _____Home Phone _____

Emergency Phone _____