

2017 Employee Perks & Benefits ~ Welcome to Brookhaven National Laboratory

Recreation: www.bnl.gov/bera (Brookhaven Employees Recreation Association)

- BERA Recreation Office (Bldg 400) for general assistance ext 5090 or 8481
- BERA Spring Break & Summer Camp & swim lessons for employee's children.
- Swimming Pool (Bldg 478) lap swimming, family swim time & swimming lessons. Pool schedule: <http://www.bnl.gov/bera/recreation/pool.asp>
- BERA Weight Room - Membership dues \$30 per year. Sign-up at Recreation Office, Bldg 400A
- Fitness classes (Sept-June) Zumba, Aqua Aerobics, Pilates, Adult Swim Lessons and more. Classes held at lunch & after work and are either free or very low cost.
- BERA has 50+ cultural & recreation clubs including archery, softball, volleyball, Hispanic, Asian, African American, GLOBE, swim team, ballroom dancing and more! Join anytime! www.bnl.gov/bera
- Tennis courts, Gymnasium and company picnic park at the Gazebo.

Transportation (Free service):

- On-site Courtesy Shuttle operates Monday - Friday 8:30am-4:15pm, call ext 2714.
- Shopping Shuttle (Wednesday & Saturday) to the Southport Shopping Center, Shirley.
- Ronkonkoma Train Station Shuttle, reservations required, call ext 2535.
- Details for free shuttles: <http://www.bnl.gov/staffservices/shuttleservices.php>
- Stony Brook University Shuttle operates between BNL and SBU. Check schedule times and locations at: <http://www.stonybrook.edu/commcms/bnl/VanNew.html>
- Borrow-a-Bike Program has a limited amount of bicycles for those without cars. Call ext 3147 to check on availability. Check with your department first, as some departments do have bicycles.

General Information:

- Emergency, ext 2222; Clinic, ext 3670; Safety Concerns, ext 7936; Housing ext 2551
- Mini Mart @ Lobby Bldg 400 offering snacks, drinks, frozen food items. Open 24/7.
- Starbucks, Lobby Bldg 400 - Monday thru Friday, 7am-5pm
- Lots of information in "The Guide to BNL", go to: <http://www.bnl.gov/visitorinfo/>
- Questions? A-Z listing on the Home Page can help: <http://www.bnl.gov/siteIndex/>
- Association for Students & Post Docs (ASAP) Lounge, Bldg 462. Open to all students & postdocs who sign in. There's a Pool table, ping-pong table, large screen TV, computers & a host of weekly events & social activities available at: www.bnl.gov/asap
- ESOL - free English Classes and a full range of professional development programs, presentation practice workshops, field trips and more: - www.bnl.gov/esol
- Hospitality Coffee & Playgroup meet fellow BNLers, Wednesday 10am-Noon at Rec Hall, Bldg 317. Have pot luck suppers, BBQs, bus trips and socializing. See schedule: www.meetup.com/bnl and <https://www.bnl.gov/hospitality/>
- BERA Store, ext 3347- Berkner, Bldg 488 (open Monday-Friday, 9a-3p) Souvenirs, Health & Beauty Aids, tee shirts, gifts and more.
- On-site gas/service station-repairs & inspections done while at work, ext 4034
- Organic Veggie Club year round, delivery on Thursdays www.bnl.gov/bera or call ext 3545
- On-site dry cleaning pick-up & drop off service, ext 5090
- Full range of Work/Life & Health programs through the Occupational Medical Clinic & Human Resources: <http://www.bnl.gov/HR>
- Human Resources offers a full array of employee programs, relocation assistance & more: <http://www.bnl.gov/HR/relocation.asp> ~ <http://www.bnl.gov/hr/Benefits>

Call ext 2873 for information on the above programs or for a tour of the facility.