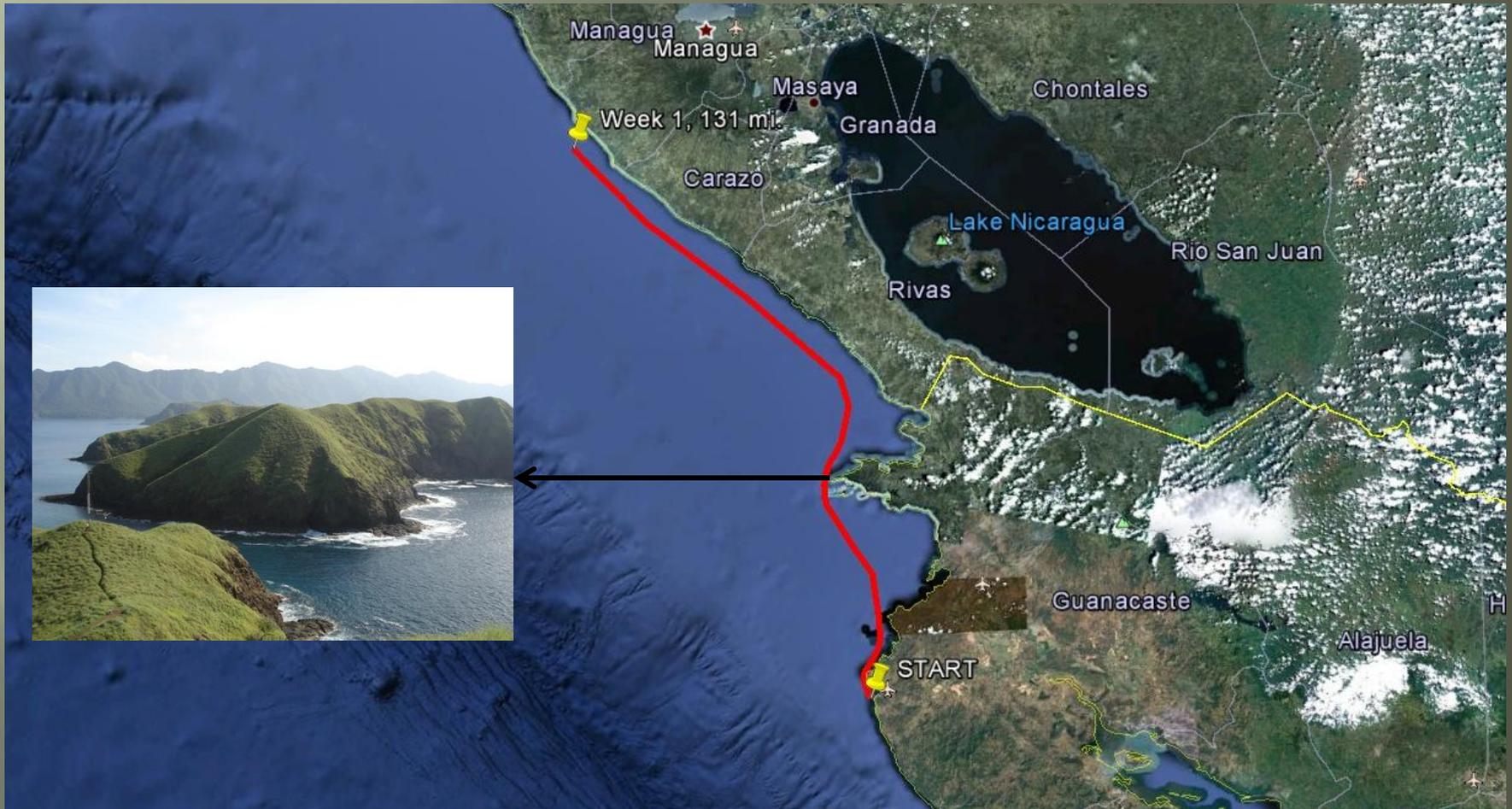


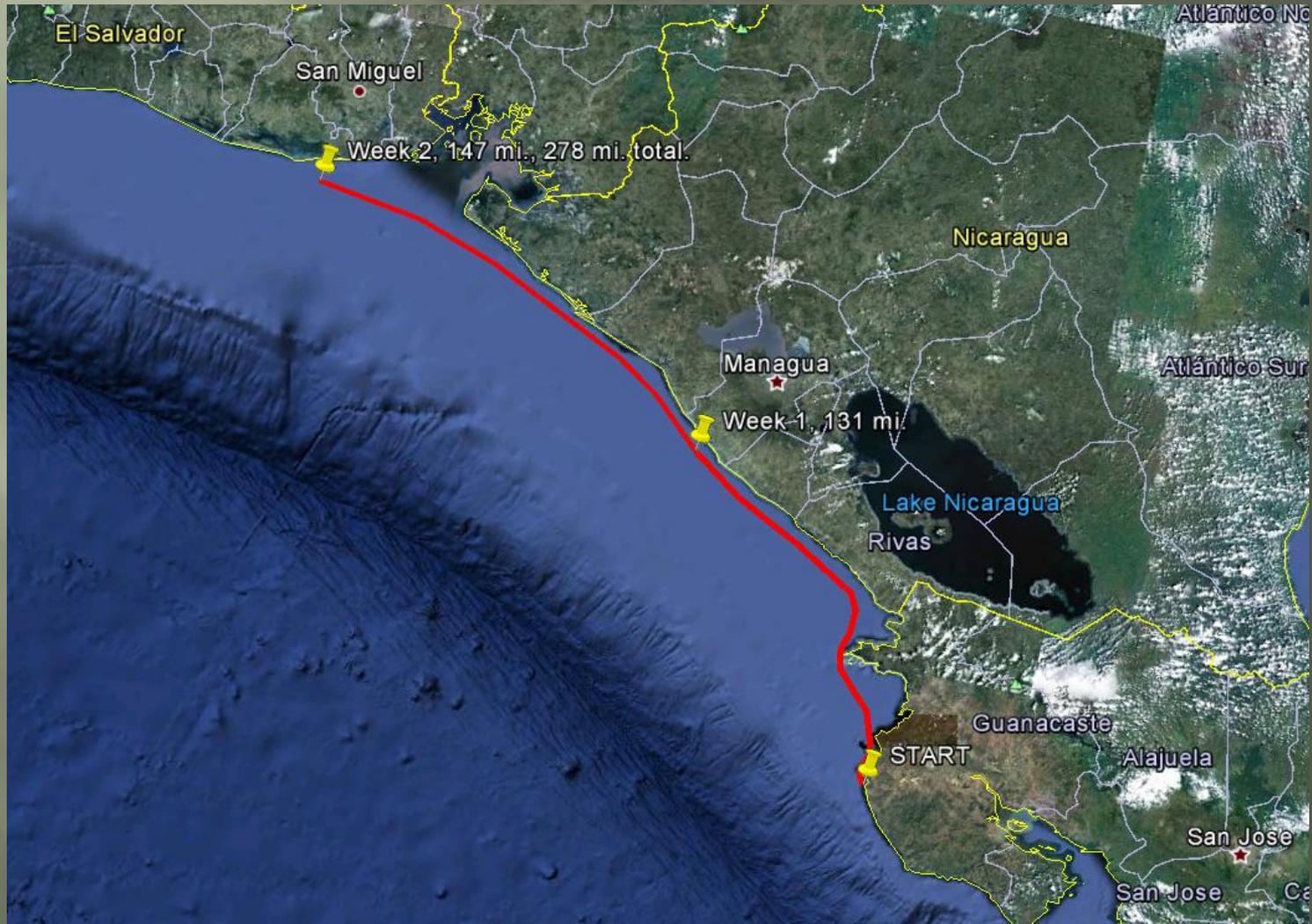


# BNL "BAJA PENINSULA VIRTUAL SWIM" 2013

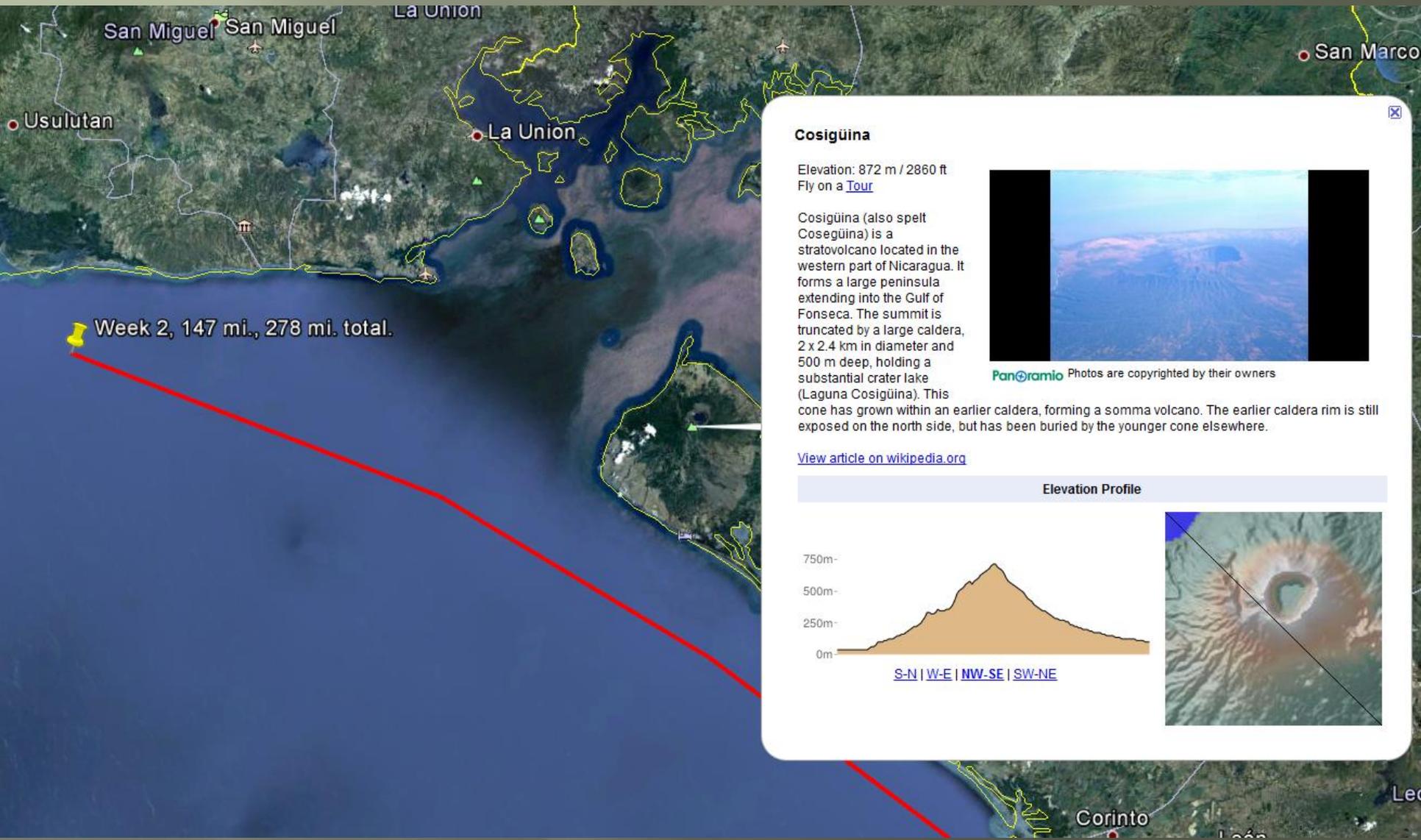
# Week 1, 131 miles. Pochomil, Nicaragua.



Week 2, 147 miles, 278 miles total. We have crossed into El Salvador



# □ Week two takes us past The Cosiguina Volcano.



## Cosigüina

Elevation: 872 m / 2860 ft  
Fly on a [Tour](#)

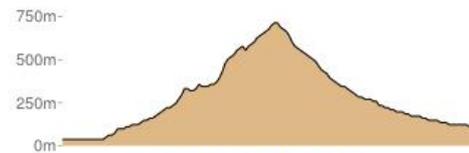
Cosigüina (also spelt Cosegüina) is a stratovolcano located in the western part of Nicaragua. It forms a large peninsula extending into the Gulf of Fonseca. The summit is truncated by a large caldera, 2 x 2.4 km in diameter and 500 m deep, holding a substantial crater lake (Laguna Cosigüina). This cone has grown within an earlier caldera, forming a somma volcano. The earlier caldera rim is still exposed on the north side, but has been buried by the younger cone elsewhere.



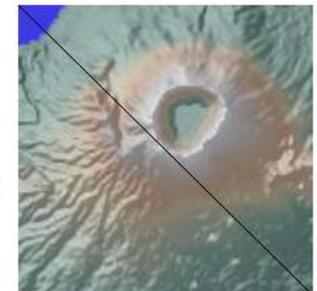
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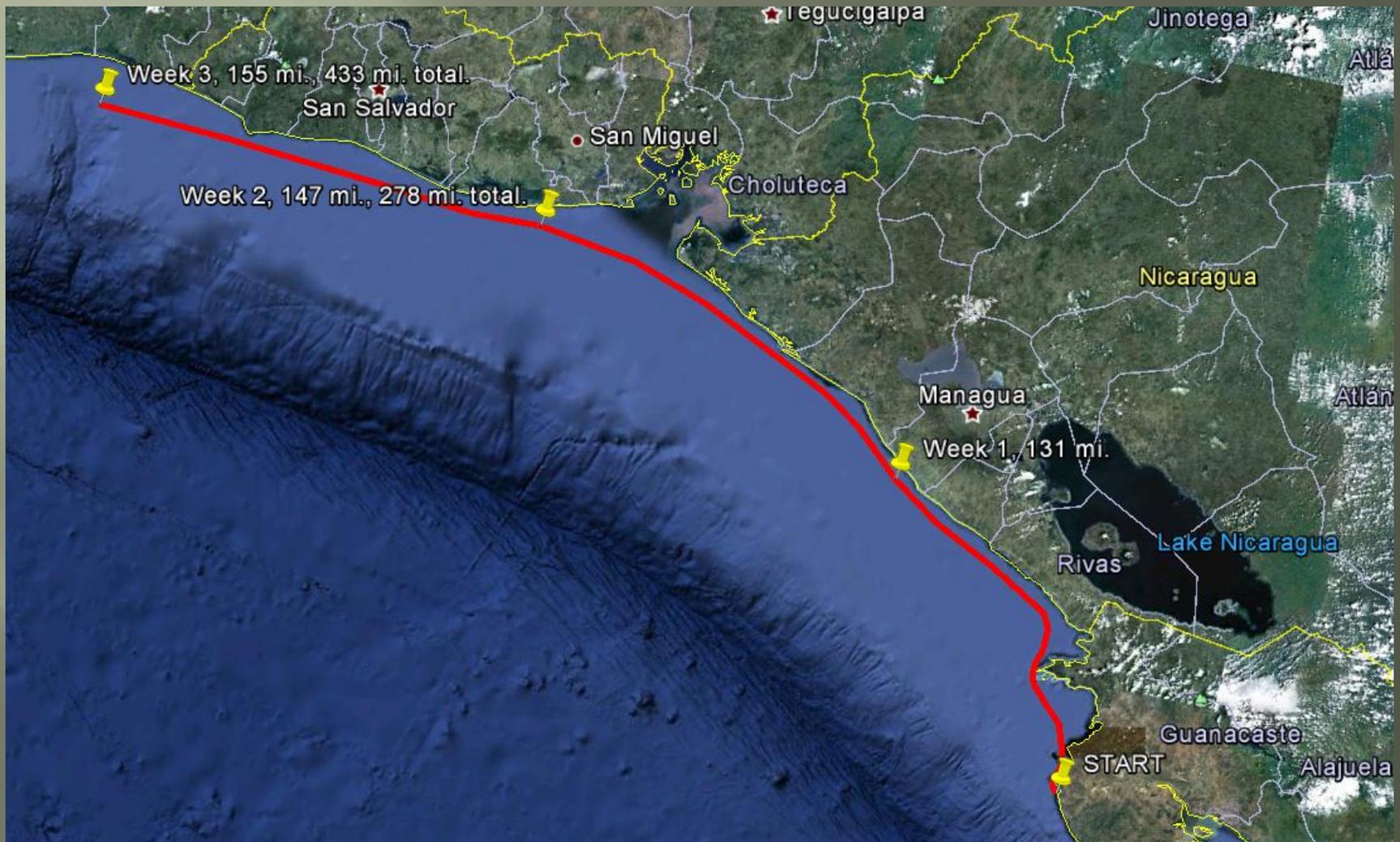
### Elevation Profile



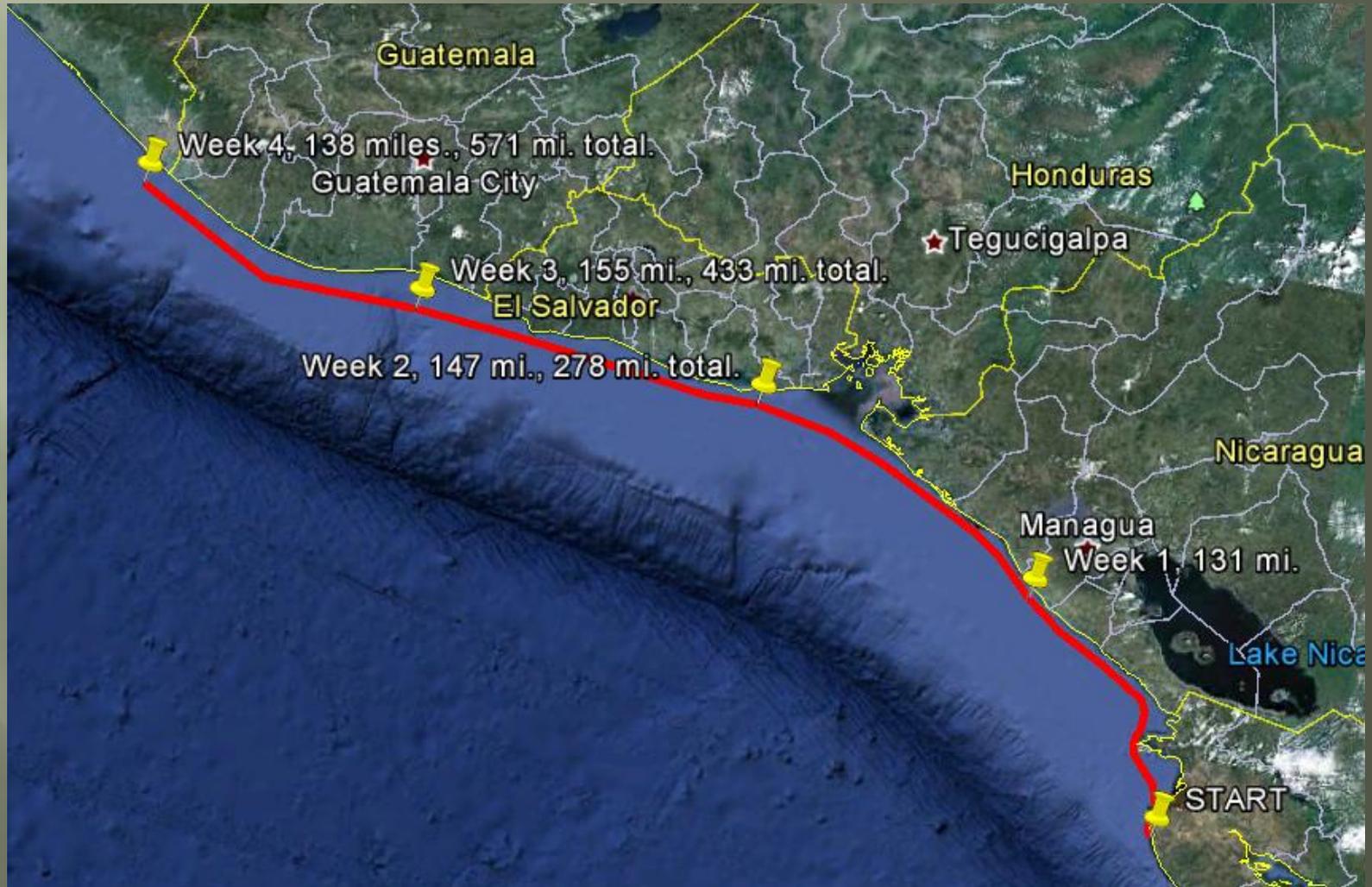
[S-N](#) | [W-E](#) | [NW-SE](#) | [SW-NE](#)



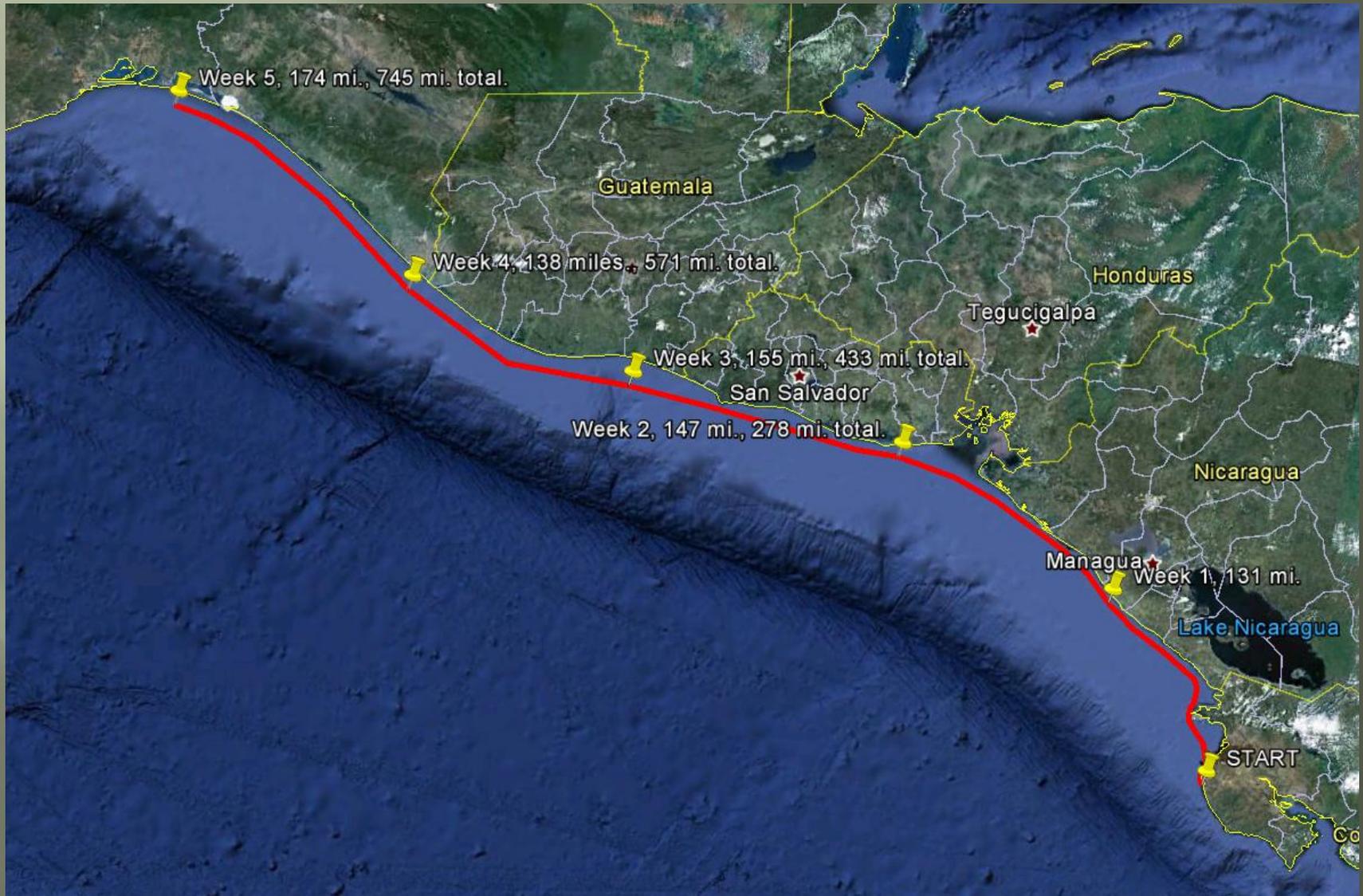
Week 3, 155 miles, 433 miles total. We have left El Salvador and entered Guatemala



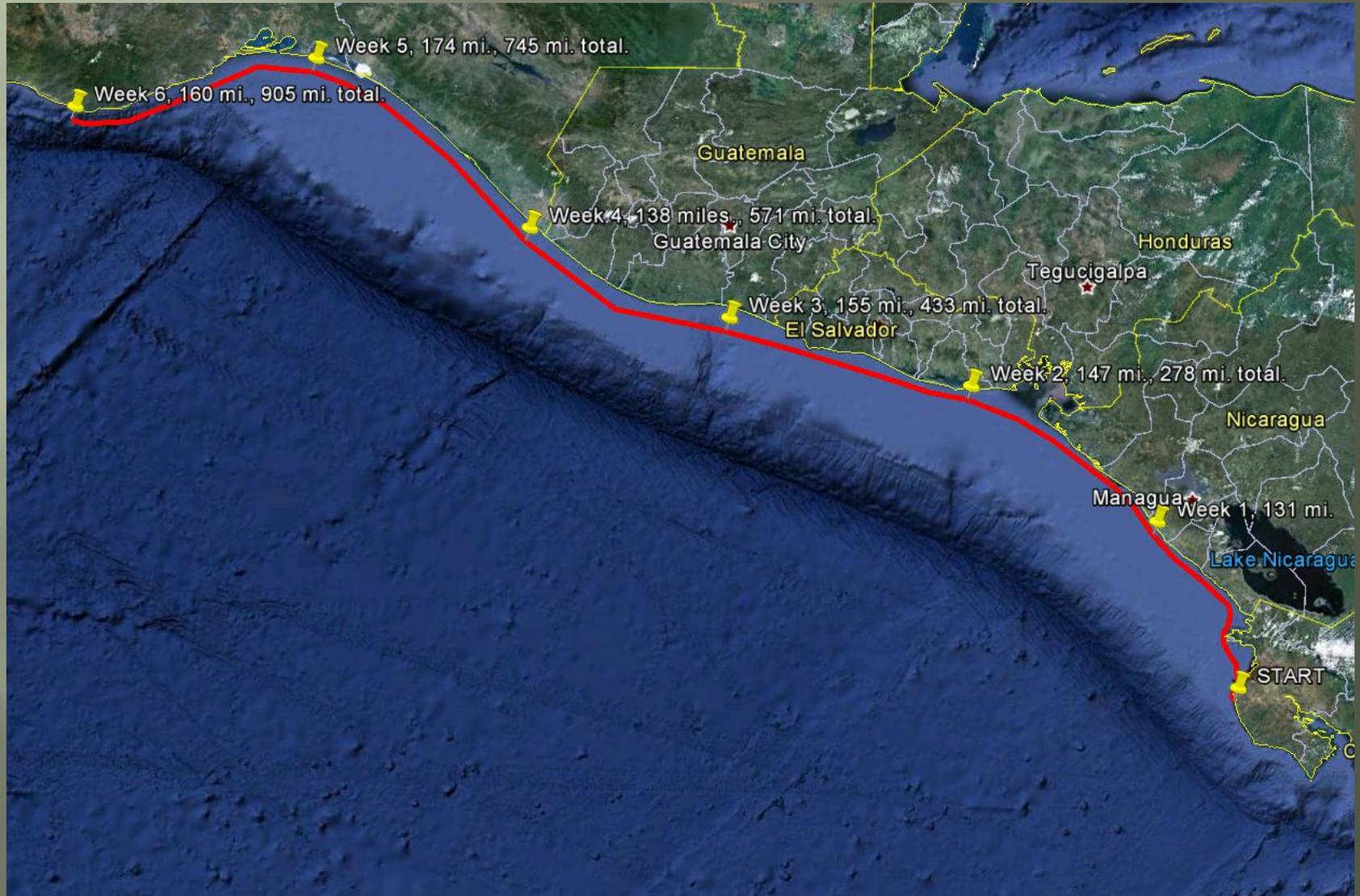
Week 4, 138 miles, 571 miles total. We have left Guatemala and entered Mexico!!!!



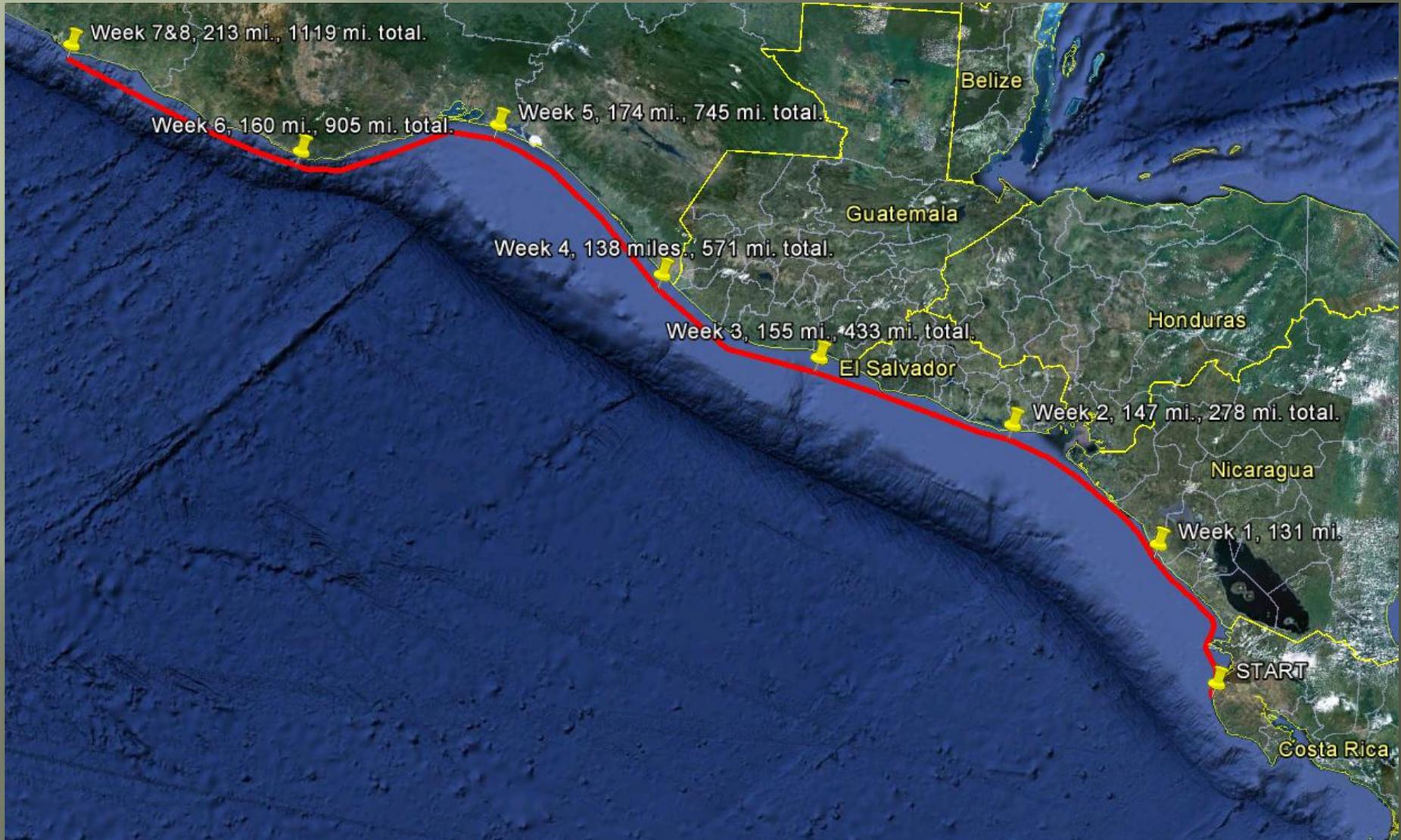
# Week 5, 174 miles, 745 miles total. We are at Chahutes, Mexico



# Week 6, 160 miles, 905 miles total. We are at San Pedro Pochutla, Mexico



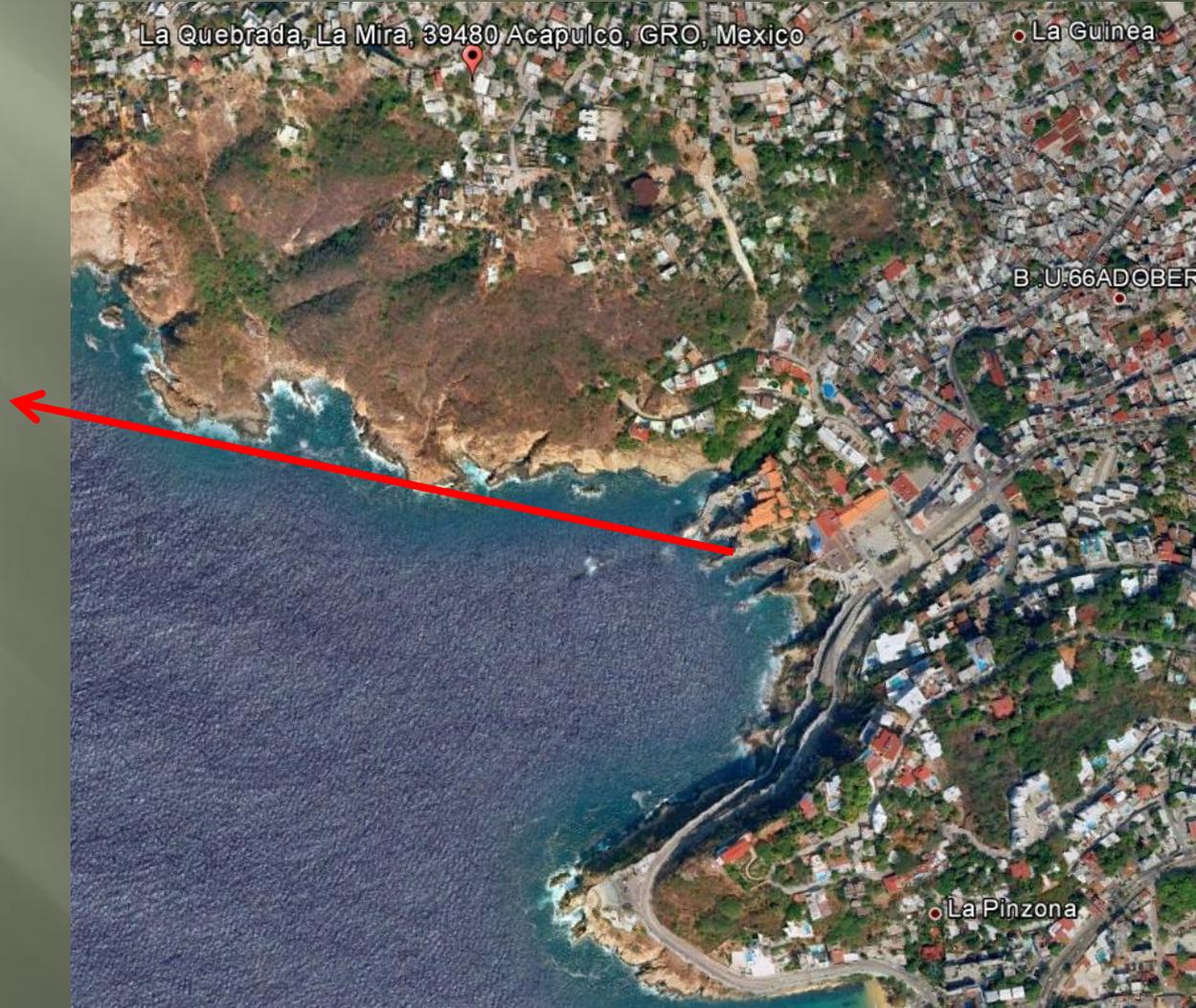
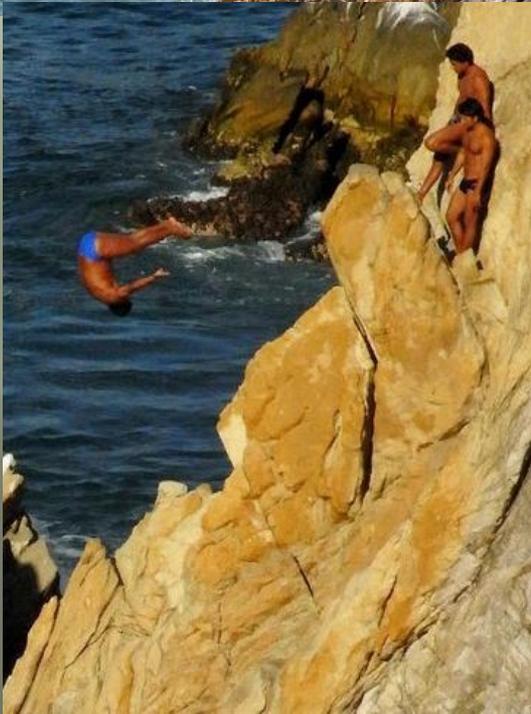
# Week 7&8, 213 miles, 1119 miles total. We are at Acapulco, Mexico!



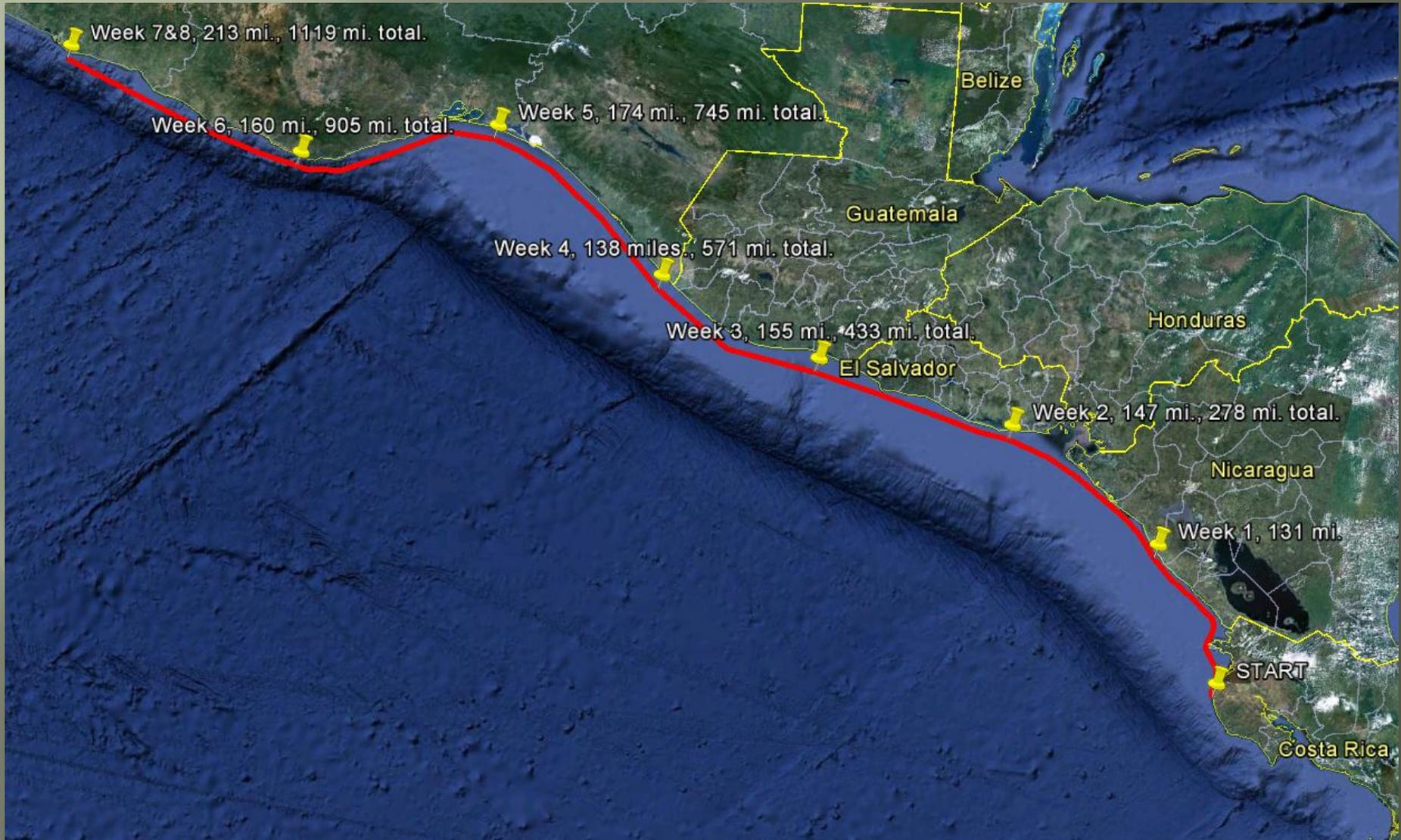
Acapulco is a great place to have a drink, but we must keep going!



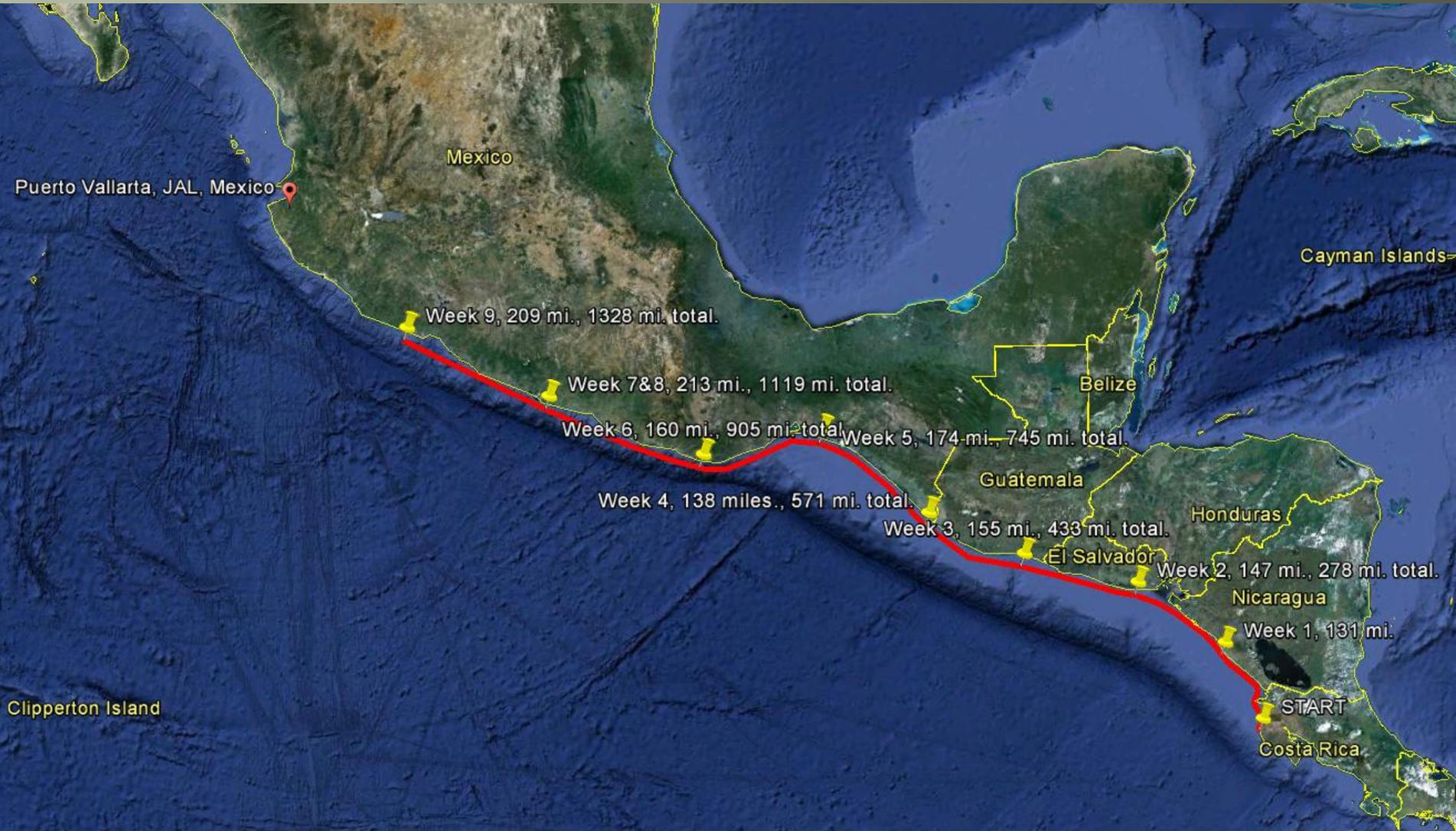
# Acapulco is home to the cliff diving championships.



# Week 7&8, 213 miles, 1119 miles total. We are at Acapulco, Mexico!



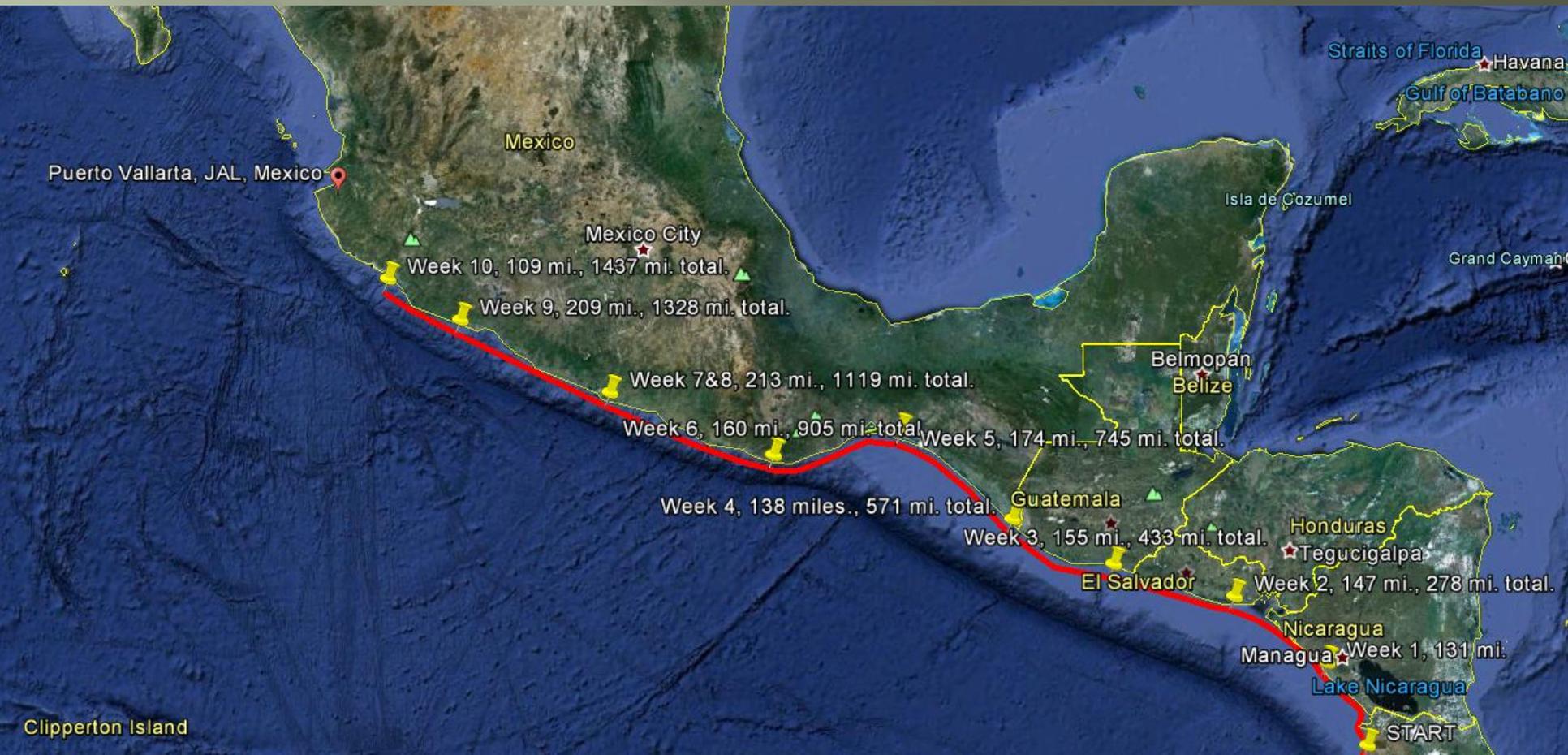
Week 9, 209 miles, 1328 miles total. We have 572 miles to go!!!



The beautiful western coast of Mexico.



# Week 10, 109 miles, 1437 miles total. We are at Closing in on Puerto Vallarta



# The active and large Colima Volcano is to our North.



## Colima

Elevation: 4270 m / 14009 ft  
Fly on a [Tour](#)

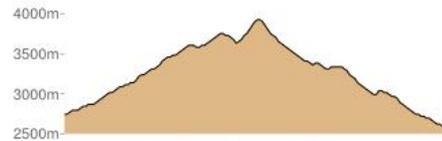
The Colima Volcano, also known as Tzapotépetl, is currently one of the most active volcanos in Mexico and in North America. It has erupted more than 40 times since 1576.

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## Elevation Profile



[S-N](#) | [W-E](#) | [NW-SE](#) | [SW-NE](#)



Week 10, 109 mi., 1437 mi. total.

Coalcomán

Week 11, 201 miles, 1639 miles total. We are at Puerto Vallarta ! Not a bad place to stop, but we must keep going to Cabo San Lucas!

