

The Bulletin Board

Brookhaven Employees' Recreation Association, Upton, N. Y.

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MONDAY, AUGUST 1, 1949

MUSIC LISTENING AUGUST 2

The Music Listening Group will meet in the Lounge of the Research Staff Building, 32 Brookhaven Avenue, on Tuesday evening, August 2, Summer visitors, particularly those living on the site, are invited to attend these group meetings.

The program for this meeting was chosen by Marilyn and Mike McKeown. It will include:

Bach - Brandenburg
Concerto #2
Mahler - Symphony #4
Strauss - Till Eulen-
- spiegel
Franck - Symphonic
Variations

PROMPTNESS NECESSARY AT SWIMMING CLASSES

The Recreation Office is very pleased with the response and good attendance of the young swimmers who take A.R.C. lessons each Wednesday morning. However, they request that the children be on time. Because many students do arrive at their scheduled hour, it is unfair to start class and allow the late-comers to straggle in. Promptness should be encouraged for all; otherwise, those who are tardy will not be allowed in class for the day.

Beginners start at 9 o'clock and intermediates at 10 o'clock. Please be prompt!

THEATRE GROUP ELECTS OFFICERS

At a meeting held Wednesday, July 27, the following officers were elected:

President - Saul Harris
Vice-President - John
Binnington
Treasurer - Ellen Reidy
Secretary - Selma Rapps

The Script Committee is now in the process of selecting a play for this Fall and will welcome suggestions from staff members. Scenery complications, length of cast, balance of sexes in cast and timeliness are important points to consider when selecting a play.

Those interested in acting or participating in the production of the play in any way should contact Jean Snover, Ext. 424; Jim Atherton, Ext. 355; or Saul Harris, Ext. 2450. The Theatre Group is here for everyone's entertainment so please feel free to partake in all future activities.

Further announcements will be made in later editions of The Bulletin Board.

CAMERA CLUB PLANS BEACH PARTY

A beach party is being planned by the Camera Club, which will be held on Sunday, August 14, at Paradise Beach, opposite Bellport. Club members may bring their wives, friends, children, food-- and cameras, of course.

Fires may be made on the beach and there is also a small restaurant on the beach where beer, soda and sandwiches may be purchased. There are also a few bathhouses available.

If the Club can guarantee Capt. O'Neill, who runs the Paradise Beach Ferry, that they will have 20 fare-paying passengers, he will run two special trips: one going over at 3 p.m. and one returning at 6 or 7 p.m.

All those interested in attending the picnic should call Ted Austin, Ext. 2123, so that definite arrangements can be made for the ferry.

COSTUME JEWELRY AT DISCOUNT

Many of the lady members of BERA have taken advantage of the discounts allowed on the costume jewelry on display in the showcases at the Recreation Office. From time to time new pieces are added to the display and an attractive collection of rings, bracelets, earrings and casual pins are offered at less than retail prices.

All BERA members are invited to look over the display at any time.

COMING EVENTS

Music Listening -
Aug. 2
Camera Club Outing -
Aug. 14

SOFTBALL ANALYSIS

by Walter Thorne

In one column you'll find the highest batting averages, but in this column we find Arnold "Peanuts" Gledhill is the leading man in the Walks Department.

It is understood that the Drafting-Fiscal-Purchasing Team saw a good number of chemists recently mixing bats, balls, gloves, and umpires, trying to come up with a winning solution. The solution is called 20-10.

The teams with the highest batting averages for the first half were the Machine Shop with .324 and Nuclear with a .319.

All managers must have their second-half rosters in Dick Vogt's office by Monday, August 1st. This will constitute the final players list. Anyone interested in playing ball should contact Dick Vogt before 5 p.m. on this date. This is the last call for ballplayers, as no additions or exchanges may be made after this list is submitted.

It was rumored that the umpire pulling the best boner of the year would be presented with a pair of glasses. Next season they will be required to take special eye and reflex examinations prior to the opening game.

The game to see next week should be the August 2nd encounter between Materials Control and the Phubars.

Tickets for the Bellport Summer Theatre at reduced prices are available to staff members. Reservations may be made by calling the Recreation Office, Ext. 391.

SOFTBALL RESULTS - Week Ending July 29, 1949

Nuclear Reactor 23 - Drafting-Fiscal-Purchasing 3

Phubars 11 - Chemistry 7

Materials Control 10 - Machine Shops 5

STANDING OF THE CLUBS AS OF JULY 29, 1949

Team	Won	Lost
Materials Control	8	4
Nuclear Reactor	7	4
Machine Shops	5	5
Phubars	5	5
Chemistry	4	6
Drafting-Fiscal-Purchasing	2	7

GAMES TO BE PLAYED - Week of Aug. 1

Tues., Aug. 2 - Materials Control vs. Phubars

Wed., Aug. 3 - Drafting-Fiscal-Purchasing vs. Machine Shops

Thurs., Aug. 4 - Chemistry vs. Nuclear Reactor

BNL BATTING AVERAGES - (15 or more times at bat)

END OF FIRST HALF

Name	Team	Av.	Name	Team	Av.
McCluskey	Phu.	.533	Samos	Chem.	.277
McKee	Phu.	.522	Atherton	Nuc.	.269
Foster	Mch.	.520	Dick	Chem.	.267
McCormack	D.F.P.	.500	Siebert	Mach.	.267
Cross	Mach.	.412	Walsh	Nuc.	.263
Texeira	Mtl.	.412	Rohrback	Mach.	.261
Watterson	Chem.	.412	Lee	Nuc.	.241
Binge	Nuc.	.409	Lucas	Phu.	.238
Strier	Mtl.	.400	VanderVoort	Mtl.	.238
Johnson	Mtl.	.387	Keane	Mtl.	.214
Garrett	Nuc.	.370	Gilewski	Mach.	.200
Fox	Nuc.	.368	McCune	Chem.	.200
Baranosky	Nuc.	.350	O'Laughlin	Phu.	.200
Iarocci	Mtl.	.350	Christoffer-		
Borzi	Mtl.	.344	sen	Phu.	.192
Budd	Nuc.	.320	Sharpeger	Mtl.	.190
Kamen	D.F.P.	.318	Hunter	Chem.	.188
Harris	Nuc.	.316	Wright	Phu.	.185
Ryan	D.F.P.	.316	Maile	Phu.	.174
Tiller	D.F.P.	.300	Rutkowski	Mtl.	.158
Thorne	Mach.	.285	Eldred	D.F.P.	.136
Strickland	Nuc.	.280	Brown	Phu.	.118
Davison	Mtl.	.277	Plotkin	Phu.	.105

C L A S S I F I E DFor Sale

1933 Pontiac - Four-Door Sedan - Good running condition - New tires - Pleasant to look at - Price: \$150 - George Snow, Ext. 427.

Johnson, Sea-horse, 22 HP motor - Model P.C.L. - Good condition - Norman Still, Patchogue 2287-R.

Upright Piano - All new felt inside - Good tone - Owner is leaving and must sell - Highest bidder takes it - M. Lustgarten, Ext. 790.

1938 Oldsmobile 2-door Sedan - Radiator completely overhauled - New rings, new battery, new carburetor - Call Mrs. M. Kurka, Ext. 2273.

Gray Wear-Ever Baby Carriage - Good condition - Ext. 445 or Patchogue 1145-J.

2-wheel trailer - 4 ft. x 8 ft. rack body - Equipped with lights - Price: \$85 - Ext. 566, R. Lehn.

Harley Davidson motorcycle - 1946, "61" C.H. V. - Excellent mechanical condition and appearance - Low mileage - Buddy seat, saddle bags, other accessories - Chrome trim - Price: \$445 - J. Prodell, Ext. 632 or 641.

1939 Buick 4-door Sedan - Black - Radio and heater - Motor perfect - 4 new

tires - Ext. 2124 after 4 o'clock, Reich - Home Tel. - Patchogue 396-R.

Mullion window frame and sash - 2 ft. 7 in. x 4 ft. 6 in. - Used but in good condition - \$20 - Donald Tuttle, Ext. 687 or Center Moriches 436-W.

Twin maple beds (will sell individual)
Large dust-proof walnut chest of drawers
Medium-sized maple chest of drawers
Living room couch and covers
Drop-leaf mahogany table
Sturdy walnut desk
Simmons studio couch (practically new)
2 Mahogany Windsor chairs
2 4-shelf bookcases
Tile-top kitchen table
Table and floor lamps
Folding bed with inner-spring mattress
Utility ladder
Baby stroller & play pen
Garden tools
Call Ext. 724 or 681.

Wanted

Riders from Patchogue to BNL - John Markott, Ext. 445.

Riders from Center Moriches to BNL - W. Wilcox, Ext. 2467.

To hire a 2-ton truck for 2 days in September to transport household furnishings to Boston - Ext. 696.

Ride or car pool from East Patchogue to BNL - Days - Lola Follini, Ext. 408.

House for Sale

Located on South Howell's Point Road in Bellport - Price: \$12,000 with \$10,000 G.I. Mortgage - Attractive one-story, frame house - All electric - Consisting of five rooms, two bedrooms, living room with fireplace, dining room and modern kitchen - Screened porch in the rear - Oil-hot water heat and large cold storage room in full basement - One-car garage with work bench and small building attached - House and garage are on 1/2 acre lot which is attractively landscaped with fruit trees, evergreens, etc. - For further information call Mrs. Norman Beers, Bellport 262-M or the Housing Office, Ext. 2218.

HIGH TIDES FOR AUG. 1

<u>Place</u>	<u>AM</u>	<u>PM</u>
Freeport	2:13	2:53
Babylon	4:38	5:18
Bayshore	4:08	4:48
Patchogue	5:08	5:48
Bellport	5:33	6:13
Shinnecock Oc.	12:43	1:23
Shinnecock Canal	5:51	6:24
Montauk Pt. North	1:56	2:29
Montauk Pt. Harbor	2:56	3:29
Orient-Shelter Island	3:56	4:29
Noyack Bay	5:11	5:44
New Suffolk	5:36	6:09
Sag Harbor	4:11	4:44
Greenport	4:16	4:49
So. Jamesport	5:56	6:29
Promised Land	3:06	3:39
Northport	5:06	5:35
Stonybrook	4:51	5:20
Fort Jefferson	5:26	5:55
Mattituck Inlet	5:46	6:15

Daily Increase - 55 Min.

(Daylight Savings Time)

SWIMMING PARTIES -- LIFE-SAVING EQUIPMENT

Public beaches in this vicinity, on the south shore of Long Island, are NOT protected by lifeguards. BERA has ordered torpedo and ring buoys, which will be available at the Swimming Pool Office for group swimming parties. Arrangements have also been made for individuals to purchase the same type life buoys at cost price. For further information, call the Recreation Office, Ext. 391.

OCEAN SWIMMING:

The greatest danger in the ocean comes from two kinds of currents: those caused by tides and those caused by the run-back of large waves from a beach. The first moves large bodies of water, as a rule, and may run considerable distances parallel to the shore. If caught in this type of current, GO WITH THE CURRENT, SAVE YOUR STRENGTH, and try to attract attention from the shore. The latter, known as undertow or "sea puss", is a receding movement of water piled up by wave action on the shore, following the incline of the beach, perpendicular to the shoreline. While the pull of an undertow is short, it runs deeper as it goes outward. The swimmer caught in an undertow should turn, GO WITH IT, TAKE A DIAGONAL COURSE TO THE SHORE AND NEVER TRY TO "BUCK" IT.

SOUND SWIMMING:

We recommend Wildwood State Park for anyone desiring this type of swimming. The Park has lifeguards, a clean beach, and attractive open fireplaces and tables for picnic lunches. The Park is open until dark.

If swimming in the sound, remember that the water is shallow only for about four feet from shore, and from there drops abruptly to deep water. This is dangerous for beginners and novice swimmers. The Sound is cold, so the greatest danger to swimmers is from cramps. A cramp occurs in muscles which are cold or tired, making a tight, hard, painful knot, which, for the time being, incapacitates that part of the body. The parts most affected are the foot, calf of the leg, and hand. Treatment is the same for all: The swimmer rolls to a face-down position in the water, lungs fully inflated, grasps the cramped area firmly with hands and applies pressure and vigorous kneading, thus restoring circulation. When cramps attack the stomach or abdomen, the situation is serious. All that is known is that the attack is sudden, with such pain that the knees are drawn to the chest and head is drawn down and forward. Breathing is inhibited and no controlled movements can be made. It is caused by swimming too soon after eating. A period of one hour after eating should elapse before entering the water. The only hope for a swimmer with this type of cramp is aid of another swimmer.

BAY SWIMMING:

The Great South Bay is a greater source of danger to the small boat owner and beginner than to the average swimmer. The bottom is muddy and holds the danger of unknown objects, shells and glass. Always know the area in which you are going to swim as to bottom, depth and sanitation. If in a small boat when a sudden squall blows up and you lose control, lie in the bottom of the craft. If you are capsized, do not leave your craft. Cling to it and, if possible, get it right side up. Remove heavy clothing.

LAKE SWIMMING:

Again great caution should be taken against cramps, as local lakes are fed by cold springs. The swimmer going from warm to cold water may easily suffer from cramped muscles. Danger also comes from weeds and eel grass. Do not try to thrash your way clear, as quick movements tend to wrap the weeds more securely, holding the swimmer fast. Use slow, gentle, drawing and shaking movements, going with the current.

Exhaustion is always a great danger.

IN CONCLUSION:

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|---------------------------------|--------------------------------|
| 1. NEVER SWIM ALONE | 6. LEAVE RESCUES TO THE STRONG |
| 2. NEVER DIVE IN STRANGE WATERS | 7. RACE IN TO SHORE - NOT OUT |
| 3. SHUN SMALL BOATS | 8. SHUN UNGUARDED SPOTS |
| 4. DON'T BE A "SHOW-OFF" | 9. COOL OFF FIRST |
| 5. OBEY WARNING SIGNS | 10. KNOW YOUR LIMITS |

The above Water Safety Information was compiled by Marjorie Moog, A.R.C. Life Saving Instructor here at the Laboratory. Additional copies may be obtained at the Swimming Pool Office, Ext. 2111.