“COVID-19 Return to Work”
based on BNL’s TQ-COVID (June, 2020)

stop the spread  keep it on the ropes
outline

• introduction
• protecting workers on site
• summary & resources
introduction

introduction
what is the Lab’s return to work plan?

• resume BNL research; it is critical to DOE’s mission
• keep staff safety & health a priority
• train staff appropriately:
  all required to complete TQ-COVID
  implement directorate- and division-level plans

remember:

• this pandemic presents a fluid environment:
  guidelines are subject to change
• up-to-date info on BNL COVID-19 Task Force webpage
TQ-COVID course objectives

• recognize & follow expectations for resumption of ops
• identify & use proper face coverings
• know & apply protocols for close proximity to others
• know & apply other protective measures
• remain aware of potential COVID-19 symptoms
• respond appropriately to COVID-19 symptoms
protecting workers on site
protecting workers on site

• BNL has developed a resumption of operations plan that provides for social distancing and other health measures

• follow your supervision’s guidance regarding when you should return to the site

• during each stage of the resumption plan, conditions will be evaluated and policies and guidelines adjusted as needed
before returning to the lab site

work schedules are designed to accomplish a methodical and incremental phased return to pre-pandemic staffing levels

• know & follow your directorate’s/division’s work schedule
• complete TQ-COVID training
• complete daily self-assessment to determine your possible exposure to COVID-19
daily self-assessment

before arrival on site:

• complete a self-assessment as guided by this self-assessment card
• place the self-assessment card on the dashboard of your vehicle so the guard can see it

Pre-Entry Screening Questions Cleared Today

Place this card face-up on the dashboard of your car prior to entering the Brookhaven Lab site if you answer “No” to all of these questions (see instructions on other side)

Before leaving home for work today, please check your temperature and ask yourself the following questions:

1. DO YOU CURRENTLY HAVE COVID-19 and have not yet been released from isolation/quarantine and cleared for return to work?

2. DO YOU HAVE ANY OF THE FOLLOWING NEW SYMPTOMS THAT ARE NOT EXPLAINED BY ANY PRE-EXISTING MEDICAL CONDITION: Cough, shortness of breath, difficulty breathing; or at least two of the following symptoms: Fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell?

3. OVER THE PAST 14 DAYS:
   • Has anyone you have been in contact with been confirmed with or possibly has COVID-19, including COVID-19 symptoms (listed in 2. above)?
   • Have you returned from international travel?
do not go to work & contact your physician if...

- your temperature is over 100°F or
- you answer “yes” to any of the self-assessment questions

if your physician determines that you have COVID-19 related symptoms, contact OMC at (631) 344-3670
maintain social distance

social distancing is the most effective way to help stop the spread of SARS-CoV-2

• use electronic meeting services (Teams, BlueJeans)
• gatherings of more than 10 people are prohibited

when face-to-face meetings are necessary:

• participants maintain at least 6 feet of separation
• meet in as a large a room as practical
• meet outdoors when practical
face coverings

• must cover your nose and mouth
• must be worn in public where social distancing is difficult to maintain
• are not respirators or other PPE worn by health-care workers
• are provided by BNL but you may bring your own
• you may use any cotton or polyester-blend cloth (e.g., scarf, bandana, old shirt) but not a material that makes it hard to breathe (e.g., nylon or plastic)
• must bring one on first day you return
• wash them regularly
face coverings…

**are required when:**

- in public spaces (e.g., restrooms, break rooms, hallways, meeting rooms)
- in a shared cubicle space where persons are within 6 feet

**are not required when:**

- in an office or cubicle where persons can maintain a minimum of 6 feet of separation

& do not replace PPE required in medical, radiological or other areas as determined by work planning & control
other preventative guidelines: hand hygiene

practice good hygiene

• wash hands thoroughly and frequently
• use hand sanitizer when hand washing is not practical
• avoid touching your face
• you are not required to wear gloves unless
  — you work in close physical proximity to others
  — your work normally requires them
other preventative guidelines: surface cleaning

SARS-CoV-2 can remain on surfaces

• clean surfaces in common areas after using them (e.g., kitchenettes, copiers, fax machines, conference rooms)

• clean surfaces in common mechanical work areas after using them (e.g., tools, workbenches, mechanical or electronic assemblies)

• clean lab vehicles after use — during use: limit passengers, wear face coverings
COVID-19 symptoms to look for

most common
• dry, persistent cough
• shortness of breath or difficulty breathing

or at least 2 of the following
• fever
• chills
• muscle pain
• headache
• sore throat
• new loss of taste or smell

consult your medical provider for any other symptoms that are severe or concerning to you

symptoms may appear 2 to 14 days after exposure

symptoms may appear 2 to 14 days after exposure
if you experience symptoms...

• notify your supervisor & self-isolate at home
• contact the Occupational Medicine Clinic (OMC) at ×3670—do not go to OMC directly — be prepared to answer questions (e.g., locations visited, high risk contacts)
• follow up with your primary care physician

if you experience these emergency warning signs seek medical attention immediately

• trouble breathing
• bluish lips or face
• persistent pain or pressure in the chest
• new confusion
• inability to arouse
BNL protocols for COVID-19 cases

- OMC will notify BNL workers who have had recent contact with the infected worker
- OMC will follow guidelines to protect worker privacy
- Potentially contacted workers will be notified of the infected worker’s status, but details (e.g., worker’s name) will be withheld
- If one of your family members experiences COVID-19 symptoms, do not come to BNL; contact OMC for instructions
cleaning public areas

- custodial staff will follow regular cleaning routines (dusting, vacuuming, wiping down common area surfaces)
- custodial staff will emphasize disinfection of “high-touch” surfaces (door handles, light switches, bathroom & kitchen fixtures)
- OMC will contact Custodial Services to sanitize and disinfect areas if a confirmed case has been identified
special cleaning considerations

staff...

• are responsible for cleaning their work areas

• may use Lab-supplied cleaning products or bring their own

• must follow cleaning product’s manufacturer instructions

• must use commercial products (not homemade) in their original containers only

• must check with others in the area regarding allergies or sensitivities to cleaning products
minimizing exposure: best practices summary

the best way to avoid risk is to *systematically remove the hazard* from the work environment

when that is not possible, use:

- time
- distance
- shielding
minimizing exposure: time

*spend less time with the (potential) source*

- maximize electronic communications and telework
- plan alternate work schedules
minimizing exposure: distance

keep a greater distance from the (potential) source

- maintain six feet of social distance
- space out chairs in common areas
- relocate workstations
minimizing exposure: shielding

**shield yourself from the (potential) source**

- wear face coverings in public spaces
- use a barrier between workers when possible
- consider face shields when working in proximity
the above-described safety measures

• are required for access to the Lab.
• exist to ensure the health of all workers

failure to comply will impact group dynamics and may result in disciplinary measures
summary & additional resources

summary & additional resources
summary

• staff will return to site at different times and on altered schedules
• some staff may work remotely or in different locations on site
• altered schedules and teleworking will present challenges to some
• work with your supervisor to stay productive and meet performance goals

take whatever measures possible to protect each other

it’s ok to respectfully remind each other to wear a face covering
we are all going through this together!

be patient with each other
as we learn new ways to
meet our Lab’s mission and goals
additional resources

• BNL coronavirus resources
• FAQs on BNL coronavirus resources
• BNL’s telework arrangements
• MS Office and MS Teams quickhelp
• BNL training resources
• CDC COVID-19 website