The evolution, challenges, & promise of cryo-electron microscopy

David DeRosier, 2024

The evolution, challenges, & promise of cryo-electron microscopy Image analysis once consisted of guessing the structure and building a simple model that *seemed* to account for the images.









(L.J. Reed & D.J. Cox, The Enzymes, 1, 213-240, 1970)

Klug and Finch simulated EM images of model structures and compared them in great detail to micrographs of human wart virus.







A. Klug & J.T. Finch, J. Mol. Biol. 11, 403-423, 1965; A. Klug, J. Mol. Biol. 11, 424-431, 1965

They tilted the virus in the microscope and the model by the same amount and about the same axis to prove their model was unique.

Here are two ~17° tilts:



Structure determination: build a model, compare model to images, & tilt to prove uniqueness.

(Reprinted from Nature, Vol. 217, No. 5124, pp. 130-134, January 13, 1968)

Reconstruction of Three Dimensional Structures from Electron Micrographs

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by



Aaron Klug

General principles are formulated for the objective reconstruction of a three dimensional object from a set of electron microscope images. These principles are applied to the calculation of a three dimensional density map of the tail of bacteriophage T4.



240 Å resolution = ~35Å



Now there was a general method for solving structures.



First single particle reconstructions by combining tilted views

Tomato bushy stunt virus



resolution = ~28 Å



Tony Crowther Linda Amos

R.A. Crowther, L.A. Amos, J.T. Finch, D.J. DeRosier, & A. Klug, Nature 226, 421-425, 1970. scale bars = 500 Å

Human wart virus



resolution = ~60 Å

Molecular resolution by EM!

3D reconstruction was limited to molecular resolution by the inherent nature of negative staining.

> Uranium salts are good negative stains because they strongly scatter electrons providing amplitude contrast.



Resolution is limited because stain occurs as clumps about 1 nm in size.

Clumps of stain

We do not see the structure; we see the hole in the stain.

Unwin and Henderson replaced negative stain with glucose, which preserved the protein in the vacuum of the microscope. The sample is a 2D crystalline membrane protein, bacterial rhodopsin.



Fourier transform of image.

Even though not visible to our eyes, the structural features are preserved to at least ~ 7Å resolution.

Unwin PN, Henderson R. J Mol Biol. 1975 May 25;94(3):425-40.

They collected tilts and could see, in 3D, the protein instead of the hole in the negative stain.

This was also the first 3D map of a membrane protein!



Nigel Unwin and Richard Henderson



Each column of density is an alpha helix.

But ... glucose is not a good embedding agent for single particles because the particles are 'hidden' in the equal-density glucose layer.

3D map of crystalline bacterial rhodopsin at 7Å resolution

Unwin PN, Henderson R. J Mol Biol. 1975 May 25;94(3):425-40. Henderson R, Unwin PN. Nature. 1975 Sep 4;257(5521):28-32.. Ice is a better embedding agent than glucose because it is less dense than glucose.



a **Bob Glaeser** optical diffraction of image resolution ~1.6 nm Ken Taylor 0.1µ

Taylor KA. J Microsc.1978; 112:115-125.

Frozen-hydrated specimens

Thin crystal of catalase in ice

Was the preservation of structural detail only as good as negative stain i.e.,16 Å? No ... the electron diffraction pattern shows preservation in ice is good to near atomic resolution.



Taylor KA, Glaeser RM. Science. 1974 Dec 13;186(4168):1036-7.

The good news: frozen water embedding make particles visible.

The bad news: ice crystals alter contrast and disrupt structures.



bc = bend contour, which shows the ice is crystalline

Taylor KA. Structure determination of frozen, hydrated, crystalline biological specimens. J Microsc. 1978; 112:115–125.



Jacques Dubochet

Plunge freezing into liquid ethane (T<-140 C) produces vitreous as opposed to crystalline ice.

Adenovirus in amorphous (vitreous) ice



Adrian M, Dubochet J, Lepault J, McDowall AW. Cryo-electron microscopy of viruses. Nature. 1984; 308:32–36.

Particles in focus in vitreous ice are transparent: no contrast!

Defocusing produces phase contrast but it alters the information in the image.



Erickson and Klug showed how image contrast is generated by defocus, how it is altered by defocus, and

<u>H. P. Erickson</u> and <u>Aaron Klug</u>. Measurement and compensation of defocusing and aberrations by Fourier processing of electron micrographs Phil Trans Roy Soc Lond B <u>Volume 261Issue 837</u> p 105-118, 1971.

Single particle averaging using Frank's SPIDER, the first general, scriptable software package





Joachim Frank Averaged Ro image av

Rotationally averaged





Frank, J., Goldfarb, W., Eisenberg, D., and Baker, T.S. (1978). Reconstruction of glutamine synthetase using computer averaging. Ultramicroscopy 3, 283-290.

Multivariate statistics, introduced into SPIDER by Frank and van Heel, allowed them to sort particle images into classes and produce class averages.

Class averages can sort images by orientation, conformation, and composition!



van Heel M, Frank J. Use of multivariate statistics in analysing the images of biological macromolecules. Ultramicroscopy. 1981;6(2):187-94.

Joachim Marin Frank van Heel



Cryo EM image Particle images cut out from micrograph average of images in each class

Mallick, S. Agarwal, S., Kriegman, D., & Belongie, Serge 2006 Vision in the Small: Reconstructing the Structure of Protein Macromolecules from Cryo-Electron

Maximum-likelihood

Particle images are added into every class average but weighted by the probability they belong to that class.











Align 10



Align 50



Fred Sigworth

Structure

First Ref. Average

Align 3

Align 30





Maximum-likelihood alignment and averaging

Maximum-likelihood prevents iterative alignment from bias and from falling into local minima.

Sigworth, F. J. A maximum-likelihood approach to single-particle image refinement. J. Struct. Biol. 122: 328-339, 1998.

An obvious important development: faster computers with more memory and graphics.





Visualizing digital images by overprinting to generate pseudo densities.

http://employees.oneonta.edu/baumanpr/geosat2/RS%20History%201960-2000/RS-History-1960-2000.htm



Figure 1: Computer Performance Evolution Over Time (FLOPs)

Amplitudes scaled from 0 to 9.

Phases printed in 10 degree intervals using character A to Z and 0 to 9.



https://study.com/academy/lesson/using-mips-flops-as-computer-performance-parameters.html

Many, many, many improvements in software since the MRC software in 1970 and Joachim Frank's single part

There are now many software packages available to use singly or in series.

Many improvements in the electron microscope.

Multiple-grid, stable cryo EM stages

Higher voltage, which is good for thicker specimens but probably not for very thin ones.

Field emission guns with better coherence, which dropped structural resolution from 7 to about 4 Å. Direct electron detectors with speed and sensitivity, which further improved resolution to 2 Å and better. Energy filters, which removed inelastically scattered electrons thus improving contrast.



1933 Invented by Ernst Ruska

Wikipedia



https:/collection.sciencemuseumgroup.o rg.uk/objects/co8648182/maincomponent-of-siemens-elmiskop-1electron-microscope-electronmicroscope



2024

https://www.thermofisher.com/us/en/home/electro n-microscopy/products/transmission-electronmicroscopes/krios-g4-cryo-tem.html Beam induced motion (BIM) prevented resolutions below 4A.

The direct electron detectors made it possible to break a single exposure into a movie of many frames and correct for the motion.



Recorded with direct electron detector DE-12 (Direct Electron)

Frame rate = 40 fps Dose/frame = 0.5 e⁻/Å² Duration = 1.5 s No. of frames = 60 Total dose = 30 e⁻/Å²

J Struct Biol. 2012;177:630-7. Beam-induced motion of vitrified specimen on holey carbon film.B<u>rilot AF, Chen JZ, Cheng A, Pan J, Harrison SC,</u> Potter CS, Carragher B, Henderson R, Grigorieff N.

10-Frame Averages made from the movie better reveal the motion.



Each averaged frame corresponds to 0.25 s.

Dose/frame = $5 e^{-}/Å^{2}$



The direct electron detectors have all but eliminated the loss of resolution due to BIM.

The resolution revolution combining all the improvements: a 1.25 Å resolution map of apoferritin



Yip KM, Fischer N, Paknia E, Chari A, Stark H. Atomic-resolution protein structure determination by cryo-EM. Nature. 2020;587:157-161.

Cryo electron tomography (Cryo-ET)

We turn from looking at single particles to looking at cells or organelles.

We can generate a tomogram (3D map) by tilting the sample from ~-60 to ~+60



Steven A, Belnap D. Electron microscopy and image processing: an essential tool for structural analysis of macromolecules. Curr Protoc Protein Sci. 2005 Dec;Chapter 17:17.2.1-17.2.39.

Cryo-ET of lipid vesicles in ice!



FIGURE 4 Central x-y section through the 3D reconstructed volume at full resolution, with frequency cutoff at $(5 \text{ mm})^{-1}$.

Dierksen K, Typke D, Hegerl R, Walz J, Sackmann E, Baumeister W. Three-dimensional structure of lipid vesicles embedded in vitreous ice and investigated by auto

Sub tomogram averaging, the 3D version of 2D single particle analysis.



Cryo ET of 2 μ intact nucleus

Resolution ~9 nm

Walz J, Typke D, Nitsch M, Koster AJ, Hegerl R, Baumeister W. Electron Tomography of Single Ice-Embedded Macromolecules: Three-Dimensional

Beck M, Förster F, Ecke M, Plitzko JM, Melchior F, Gerisch G, Baumeister W, Medalia O. Nuclear pore complex structure and dynamics revealed by cryoelectron tomography. Science. 2004 Nov 19;306(5700):1387-90.



1250 Å

Sub tomogram averaging: best resolution to date is ~3Å!

While cryo-ET could look into cells, it was limited by the penetrating power of the EM.

The cell body is too thick to get an electron beam through.

Filopodia, for example, are thin enough to get the electron beam through.



This is a scanning electron micrograph (false color) of a human induced pluripotent stem cell-derived neuron. Credit: Thomas Deerinck, UC San Diego

Focused Ion Beam milling of frozen-hydrated E. coli can make a sample thin enough for viewing in the EM.



Mike Marko and Mui Varano, C. (2021). Mike Marko: Preserving the Past and Shaping the Future. *Microscopy Today*, 29(1), 56-57. doi:10.1017/S1551929520001741

Lamella



About 500 nm thick

Tomogram with segmentation



Marko M, Hsieh C, Schalek R, Frank J, Mannella C. Focused-ion-beam thinning of frozen-hydrated biological specimens for cryo-electron microsco



Wagner FR, Watanabe R, Schampers R, Singh D, Persoon H, Schaffer M, Fruhstorfer P, Plitzko J, Villa E. Preparing samples from whole cells using focused-ion-b

But how can we find our structures in a tomogram?

Medalia et al. introduced template matching. Using templates derived from the data bases, they located structures of interest in a tomogram.

Having located membranes, filaments, and ribosomes in this 3D image, they replaced each located structure by a colored version of itself.

Medalia O, Weber I, Frangakis AS, Nicastro D, Gerisch G, Baumeister W. Macromolecular architecture in eukaryotic cells visualized by cryoelectron tomography. Science. 2002 Nov 8;298(5596):1209-13. doi: 10.1126/science.1076184. PMID: 12424373.



The two works below are a perfect example of using FIB milling, cryo-ET, subtomogram averaging, and modelin



Watanabe R, Buschauer R, Böhning J, Audagnotto M, Lasker K, Lu TW, Boassa D, Taylor S, Villa E. The In Situ Structure of Parkinson's Disease-Linke Deniston CK, Salogiannis J, Mathea S, Snead DM, Lahiri I, Matyszewski M, Donosa O, Watanabe R, Böhning J, Shiau AK, Knapp S, Villa E, Reck-Peter

The evolution, Challenges, & promise of cryo-electron microscopy

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<u>Challenges we can correct or (partially) control:</u>

Electron damage to the specimen.

Underfocus phase contrast and astigmatism, which affect amplitudes and phases.

Digitization and boxing of the image, which affects amplitudes and phases.

Beam induced motion, which limits resolution.

Interpolation in digital image, which reduces high resolution amplitudes.

Image distortion by the lenses, which affects phases.

Beam tilt, which alters phases.

Insufficient depth of field, which alters amplitudes and phases.

Lack of plane parallel illumination, which alters phases.

<u>Things we might not be able to control but we should be aware of:</u> Multiple scattering, which alters amplitudes and phases. Inelastically scattered electrons, which add to the background. Lack of coherence of the electron beam, which limits resolution. Challenges in cryo electron tomography:

The tilt angle is limited to ~60 degrees (giving rise to the missing wedge from 60 to 120 degrees).

The incremental step in angle is limited by dose (giving rise to missing wedges between between slices).

The milling beam damages the outer layers of a lamella.

We are limited to a small volume of the cell (serial sectioning is not possible).

The process of milling and imaging is slow.

Our structure of interest is not in the lamella.

Lamellae are lost when moving from the FIB-SEM to the EM.

Ice contamination obscures details.

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Some recent advances that hold promise:

The laser phase plate, which is still experimental, provides almost perfect, stable phase contrast. No need to c

The development of clonable tags that are easily recognized by template matching in images and tomograms.

Al or ML aided image analysis in particle picking, clustering, segmenting and more. It is still being developed

The combined use of super-resolution cryo light microscopy with cryo electron tomography, which would give us more precise locations of our target molecules.

To give you a better feel for the amazing technology of today even with all its challenges, here is a vi



Wagner, F.R., Watanabe, R., Schampers, R. et al. Preparing samples from whole cells using focused-ion-beam milling for cryo-electron tomogra

We over estimate what will be done in the short term and under estimate what will be done in the long term. (Bob Glaeser quotes this - the originator of the expression is unclear).

FIB damages particles near the faces of the lamella





Lamella from yeast packed with ribosomes

The rise of SNR with distance from the lamella face

Lucas BA, Grigorieff N. Quantification of gallium cryo-FIB milling damage in biological lamellae. Proc Natl Acad Sci U S A. 2023 Jun 6;120(23):e23(

What we can expect or hope for in single particle cryo-EM to get us all to <2Å:

A stable phase plate may allow us to determine structures of mw = 12,500 (Henderson limit). Update: The laser phase plate provides almost perfect, stable phase contrast.

A simple reliable method for loading samples onto grids with thin ice, no denaturation at the air water inter

Complete automation from grid preparation to atomic model.

Easy access from images to the energy landscape of conformational forms; we want to visualize images and distributions of conformations within our structures.

What we can expect or hope for in cryo ET: complete segmentation of all structures in a tomogram.

Better lamella production: limited damage from FIB-SEM, no ice contamination, and no broken lamellae.

Localization of fluorescent markers with an error <~10nm and transfer of coordinates to the FIB-SEM for milling and to the EM images for segmentation.

Structural tags as opposed to fluorescent tags for structures of interest.

Identification and location of structures of interest with a tomogram.