

alex[®] can help you choose your 2021 benefits



ALEX[®] is an easy-to-use online tool that will help you select the best-fit employee benefit plans for you and your family.

This year, ALEX includes information on the medical, dental, and vision care plan—as well as reimbursement accounts, life/AD&D, long-term disability plans and retirement programs.

ALEX will ask you a few questions about your health care needs (your answers remain anonymous, of course), crunch some numbers, and recommend a plan that's best for your personal needs. It's that easy!

How long does it take go through ALEX?

Going through the entire ALEX experience and clicking every possible button can take about 30 minutes or so, but the actual duration of your experience will depend on your needs. Most users spend about 7 minutes with the tool. Also, you can always save your place in ALEX and return later simply by providing your email address.

How can I make the most of my ALEX experience?

ALEX is best experienced on a desktop computer with sound (either headphones or speakers), but you can also use it on an Android or Apple mobile device.

**Talk to ALEX at
www.myalex.com/bsa/2021/active**

alex[®] BROOKHAVEN
NATIONAL LABORATORY

Will I need to do anything to prepare for ALEX this year?

Using ALEX is very simple. You won't have to dig through your insurance records or anything like that, but if you'd like to prepare for the questions about your medical and dental needs, it helps to have an idea of:

- How many dependents you plan to cover
- Estimated number of visits to a doctor
- Estimated number of prescriptions
- Estimated amount of dental care

How does ALEX calculate recommendations?

ALEX estimates the total yearly out-of-pocket costs (a combination of your premium contributions and the costs for the services you plan to use) for each plan and recommends the one with the lowest overall cost to you based on your personal preferences. ALEX's cost data is based on health insurance plan design features and the procedure cost data for your plan options, but keep in mind ALEX does not include out-of-network costs in its calculations..