Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetna®

Save money on your health and wellness

Aetna Discount Program

www.aetna.com

00.02.333.1 G (8/14)

Save on gym memberships, eyeglasses and contacts, weight-loss programs, chiropractic and more

Fitness discounts

Get the guaranteed lowest rates at your choice of over 10,000* gyms (and growing) in the GlobalFit® network.

This offer is for new gym members only. If you belong to a gym now, or belonged recently, call GlobalFit at **1-800-298-7800** to see if a discount applies.

You also get:

- FREE guest pass at most gyms
- Flexible membership options
- Easy billing through your bank account or major credit card
- Membership transfer to another participating gym or person**
- Freezing and travel** privileges

Save on home exercise equipment

Do you prefer to exercise in the privacy of your home? Get discounts on elliptical trainers, treadmills and strength equipment, and start building your home gym today.

More healthy perks

Getting fit is just the start to a healthier you. You can also try out an at-home weight-loss program. Or get one-on-one health coaching*** to help you quit smoking, lower stress, lose weight and more.

There are no claims forms, referrals or limits on how much you can save. And your family members may be able to save, too.

*GlobalFit website. www.globalfit.com/fitness. March 2014.
**Call GlobalFit for more information.
***By HealthAdvocate, through GlobalFit.

Health benefits and health insurance plans are offered, underwritten and/or administered by Aetna Health Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.

Hearing discounts

Save on hearing aids and exams. You have two options to meet your hearing needs.

With Hearing Care Solutions, you get:

- Savings on a large choice of hearing aids
- A two-year supply of batteries (up to 96 cells), with mail-order discounts you can use after this original supply runs out
- In-office service for one year
- Free cleanings, checks and battery-door replacements for the life of your hearing aid

With HearPO®, you get:

- Savings on many styles of hearing aids, including programmable and digital hearing aids from leading makers
- A two-year supply of batteries (up to 160 cells per hearing aid)
- Discounts on hearing exams and hearing aid repairs
- Free follow-up services for one year

Weight management discounts

Lose weight, feel great and save on some of today's most popular weight-loss programs and meal plans.

Save with CalorieKing®!

Learn to control your weight long term.

- Join an annual or monthly CalorieKing Program, then get a 7-day free trial period.[†]
- You'll get a discount when you continue your annual program membership.[††]
- With either an annual or monthly program membership, you also save on products in the CalorieKing online Store.

You also get CalorieKing's Food and Exercise Diary, extensive food database, personalized goals and more.

Save with Jenny Craig®!

You can choose from these offers:

- FREE 30-Day Program[†††]
- Percent off the Jenny All Access Program enrollment fee[†††]

Jenny Anywhere!

Jenny has two options to choose from:

- Get weekly, face-to-face support and motivation at one of 497 locations.
- Enjoy the convenience and privacy of getting your support and motivation over the phone each week.

And you get one-on-one support from your personal consultant, planned and personalized menus, and more.

Save with Nutrisystem®!

Lose weight and learn how to keep it off.

- Save on any 28-Day Nutrisystem® Success™ weight-loss meal plan.[‡]
- Get other offers when you purchase a plan.
- Enjoy a larger discount when you sign up for Auto-Delivery.[‡‡]

You also get food delivered right to your door, high-quality protein shakes, personalized activity plans and more.

[†] You can cancel your program membership at any time during the first 7 days by logging in to the program and following the instructions in Payment and Account Details under Account Settings. If you do not cancel during the first 7 days, your credit card will be charged on the 8th day.

[††] If you are already a CalorieKing member, you will need to terminate your current CalorieKing account and rejoin to receive the Aetna discounted membership price.

[†††] Plus the cost of food and the cost of shipping (if applicable). Offer applies to initial enrollment fee only and is valid only at participating Centers and through Jenny Craig At Home. Each offer is a separate offer and can be used only once per Member. No cash value. Restrictions may apply.

[‡] The Aetna discount offers do not apply to any plan in which you are already enrolled. To receive the discounted rate, you must wait until your current plan ends. If you are enrolled in Auto-Delivery, you must cancel it and then re-enroll to receive the discounted rate.

[‡‡] Offer good on new 28-Day Auto-Delivery orders only. With Auto-Delivery you receive a discount off Nutrisystem's regular 28-Day Plan price and free shipping to the continental U.S. only.

Natural products and services discounts

Save on good health, naturally. Get a discount off the normal fee for these services offered through the ChooseHealthy® program*:

- Massage therapy
- Acupuncture
- Chiropractic
- Nutrition services

Discounts on health and wellness products

You can also get a discount off the retail price on a variety of products like over-the-counter vitamins, yoga equipment, homeopathic remedies and more on the ChooseHealthy website.

Save on medical consultations online

Get advice on natural remedies for many conditions from doctors in the Vital Health Network. You'll get a discount off your first online consultation. Then an additional discount for each one after that. Topics include headache, joint pain, allergies and more.

Vision discounts

Pay less for eye exams, contact lenses, and prescription and nonprescription eyeglasses. Even most designer frames.**

Where you can save

You can visit many doctors in private practice. Plus, national chains like JCPenney Optical, LensCrafters®, Target Optical®, Sears Optical® and Pearle Vision®.***

To find a location near you, go to **www.aetna.com**.

Great rates on eye exams

Your cost for an exam is discounted. Even if your health benefits or insurance plan covers your first exam, you can get another one later at a discounted price from a provider participating in the discount program network.

More eye-opening perks

- Contact lens replacements — delivered to your door
- Savings on LASIK eye surgery, including a FREE consultation
- Discounts off eye care items like sunglasses, contact lens cleaners and eyeglass chains

Start saving today

You can save on everything in this brochure and so much more. It's easy. To get started:

1. Log in to your secure member website at **www.aetna.com** once you're an Aetna member.
2. Choose "Health Programs," then "See the discounts."
3. Follow the steps for each discount you want to use.

Stay healthy with discounts that come with your Aetna health plan.

*The ChooseHealthy program is made available through American Specialty Health Administrators, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

**Certain brands impose a no-discount policy.

***EyeMed Select Network and Provider List. April 2014.

If you require language assistance from an Aetna representative, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862. (140 languages are available. You must ask for an interpreter.) TDD 1-800-628-3323 (hearing impaired only).

Si requiere la asistencia de un representante de Aetna que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862. (140 idiomas disponibles. Debe pedir un intérprete.) TDD 1-800-628-3323 (sólo para las personas con impedimentos auditivos).

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Discount offers provide access to discounted services and are NOT insured benefits. The member is responsible for the full cost of the discounted services. Aetna may receive a percentage of the fee you pay to the discount vendor. Health benefits and health insurance plans contain exclusions and limitations. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to **www.aetna.com**.

Policy forms issued in Oklahoma include: HMO OK COC-5 09/07, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23 and/or GR-29/GR-29N.

www.aetna.com

aetna®

©2014 Aetna Inc.
00.02.333.1 G (8/14)