

ALEX<sup>®</sup> is an online tool that will help you select the best benefit plan for you and your family.

This year, ALEX includes information on the medical, dental and vision care plan - as well as reimbursement accounts, life/AD&D, long-term disability plans and retirement programs

ALEX will ask you a few questions about your health care needs, crunch some numbers, and recommend a plan that's best for your personal needs. It's that easy!



### How long will this take?

Most users spend about 7 minutes with ALEX, but it really just depends how much guidance you'd like. And ALEX can save your place, so you can leave to get some peanut brittle and then pick up right where you left off.

### Can I use ALEX on my phone?

Oh yeah. ALEX is optimized for any device you've got.

### Can I trust ALEX with my secrets?

Yes! Your ALEX experience is totally private. He doesn't maintain personal info or submit it back to your employer (or anyone else), so it's completely anonymous.

### How should I prepare?

You don't need to do much of anything. ALEX will ask you to estimate what type of medical care you might need this year (doctors visits, surgeries, ER visits, prescriptions, etc.), so you may want to tally those up and talk to your family about their needs, but ALEX can also help you come up with some estimates.

### How does ALEX know what plan is best for me?

ALEX takes the amount each plan would cost you out of your paycheck (your premium) and adds that to the amount it would cost for the services you said you might use. Then he'll recommend the least expensive plan for your needs.

Get started at <https://www.myalex.com/bsa/2022/active>