Multi-Factor Authentication

Multi-Factor Authentication (MFA) is an electronic authentication method in which you are granted access to your online TIAA retirement account(s) only after successfully presenting two or more credentials in order to authenticate your identity. MFA is easy to use and prevents various types of cyberattacks such as phishing and security breaches. It is important to set up your MFA to add another layer of protection and security to your online TIAA retirement account(s). MFA makes your accounts more secure by requiring multiple pieces of information or identification from you which lessens the likelihood that someone will have all of the pieces of data needed to gain access to your accounts.

Instructions on How to Set Up Your TIAA Multi-Factor Authentication

1. Log in to your TIAA account at [www.tiaa.org/bnl](http://www.tiaa.org/bnl)

2. Click on tab called “Action”.

3. Next, under All Accounts, click on “Update Your Profile”.

4. Next, select “Security Preferences” button and click on the “+Enable 2-step Identity Verification”.

5. Add an extra layer of security-use 2-step verification every time you log in.
   
   a. Choose your default verification method – based on whether using the TIAA mobile app or a computer/tablet.

6. Any questions and/or issues, please contact TIAA directly at [800-842-2776](tel:800-842-2776).