

Brought to you by the LEARN TO BE... TOBACCO FREE Program
Pre-registration is required. Please call the numbers listed below.
Registration remains open for each class until the second session.
January 29, 2026

TUESDAY:

Suffolk AME

30 Orville Drive, Suite A, Bohemia

Dates: March 24, 31 April 7, 14, 21, 28

Reunion: May 19, 2026

Time: 6:00 – 7:15 PM

Contact: Debora 631-853-2928 or Debora.rippel@suffolkcountyny.gov

St. Charles Hospital, Wisdom Conference Center

200 Belle Terre Road, Port Jefferson

Dates: June 2, 9, 16, 23, 30 July 7

Reunion: July 28, 2026

Time: 6:00 – 7:15 PM

Contact: Debora 631-853-2928 or Debora.rippel@suffolkcountyny.gov

Support Group

If you have attended cessation classes and are not receiving the support group reminder and would like to, please contact Debora at 631-853-2928. The support group begins at 6:00 PM.

The support group is held on the 1st Wednesday of the month at 6:00 PM at the Medford Public Library, 2151 Horseblock Road, Medford, NY. Please note, if there is a holiday on the 1st Wednesday, the group will take place on the 2nd Wednesday of the month.

New York State Quitline: 1-866-697-8487