

HOW TO GET TO & FROM NEW YORK CITY

To New York City

After you pass the BNL Main Exit /Access Gate, keep going until you arrive at traffic lights. At second traffic light, make a left-hand turn onto County Rte-46/ William Floyd Pkwy. Take the ramp to New York/I-495. Keep left at the fork to continue toward I-495 W (Long Island Expy) and merge onto I-495W. Take Exit 31N-S/Cross Island Pkwy/Whitestone Bridge/JF Kennedy Airport onto Cross Island Pkwy N toward 31N/Cross Island Pkwy North/Whitestone Bridge. Take Exit 33/Throgs Neck Bridge/Bronx/New England onto I-295 N (Toll applies). Continue on I-295 N toward Cross Bronx Expwy (I-95 N) / George Washington Bridge. Continue on I-95 S. Take Exit 1/H Hudson Pkwy/W 181 St onto Rte-9AS toward Pkwy South/Downtown/H Hudson Pkwy South. Take the W 95 Street. Continue on W. 95th Street. Turn left on Broadway. Turn right on W. 96th Street. Turn right on Central Park West. Turn right on W. 95th Street. Arrive at the center of New York, NY.

From New York City

Queens Midtown Tunnel - \$5.00 toll (cash); \$4.15 (with E-Z Pass)
<http://www.mta.nyc.ny.us/bandt/traffic/btmain.htm>, continue straight on Long Island Expressway (LIE, Interstate 495). East on LIE to Exit 68 (William Floyd Parkway, County Road 46); north on William Floyd Parkway, 2.4 kilometers (1 1/2 miles) to BNL's gate (on right at second light).