

Location N 40.866, W 72.884

Sunrise and Sunset for 2019 @ Upton, NY - Eastern Standard Time

Day	January		February		March		April		May		June		July	
	Rise	Set	Rise	Set	Rise	Set	Rise	Set	Rise	Set	Rise	Set	Rise	Set
1	7:16	16:34	7:02	17:08	6:25	17:42	5:35	18:16	4:50	18:47	4:22	19:16	4:23	19:27
2	7:16	16:35	7:01	17:09	6:24	17:43	5:33	18:17	4:48	18:48	4:21	19:17	4:24	19:26
3	7:16	16:35	7:00	17:11	6:22	17:44	5:32	18:18	4:47	18:49	4:21	19:18	4:24	19:26
4	7:16	16:36	6:59	17:12	6:21	17:45	5:30	18:19	4:46	18:50	4:21	19:19	4:25	19:26
5	7:16	16:37	6:57	17:13	6:19	17:46	5:28	18:20	4:45	18:51	4:20	19:19	4:25	19:26
6	7:16	16:38	6:56	17:14	6:18	17:48	5:27	18:21	4:44	18:52	4:20	19:20	4:26	19:26
7	7:16	16:39	6:55	17:16	6:16	17:49	5:25	18:22	4:42	18:54	4:20	19:20	4:26	19:25
8	7:15	16:40	6:54	17:17	6:14	17:50	5:23	18:23	4:41	18:55	4:19	19:21	4:27	19:25
9	7:15	16:41	6:53	17:18	6:13	17:51	5:22	18:24	4:40	18:56	4:19	19:22	4:28	19:25
10	7:15	17:32	6:52	17:19	6:11	17:52	5:20	18:25	4:39	18:57	4:19	19:22	4:28	19:24
11	7:15	16:43	6:51	17:21	6:10	17:53	5:19	18:26	4:38	18:58	4:19	19:23	4:29	19:24
12	7:15	16:44	6:49	17:22	6:08	17:54	5:17	18:27	4:37	18:59	4:19	19:23	4:30	19:23
13	7:14	16:45	6:48	17:23	6:06	17:55	5:16	18:28	4:36	19:00	4:19	19:24	4:31	19:23
14	7:14	16:47	6:47	17:24	6:05	17:56	5:14	18:29	4:35	19:01	4:19	19:24	4:31	19:22
15	7:13	16:48	6:46	17:25	6:03	17:58	5:12	18:30	4:34	19:02	4:19	19:24	4:32	19:22
16	7:13	16:49	6:44	17:27	6:01	17:59	5:11	18:31	4:33	19:03	4:19	19:25	4:33	19:21
17	7:13	16:50	6:43	17:28	6:00	18:00	5:09	18:33	4:32	19:03	4:19	19:25	4:34	19:20
18	7:12	16:51	6:41	17:29	5:58	18:01	5:08	18:34	4:31	19:04	4:19	19:25	4:34	19:20
19	7:12	16:52	6:40	17:30	5:56	18:02	5:06	18:35	4:30	19:05	4:19	19:26	4:35	19:19
20	7:11	16:53	6:39	17:31	5:55	18:03	5:05	18:36	4:29	19:06	4:19	19:26	4:36	19:18
21	7:10	16:55	6:37	17:33	5:53	18:04	5:03	18:37	4:29	19:07	4:19	19:26	4:37	19:17
22	7:10	16:56	6:36	17:34	5:51	18:05	5:02	18:38	4:28	19:08	4:20	19:26	4:38	19:17
23	7:09	16:57	6:34	17:35	5:50	18:06	5:01	18:39	4:27	19:09	4:20	19:27	4:39	19:16
24	7:08	16:58	6:33	17:36	5:48	18:07	4:59	18:40	4:26	19:10	4:20	19:27	4:40	19:15
25	7:08	17:00	6:32	17:37	5:46	18:08	4:58	18:41	4:26	19:11	4:21	19:27	4:41	19:14
26	7:07	17:01	6:30	17:38	5:45	18:09	4:56	18:42	4:25	19:12	4:21	19:27	4:41	19:13
27	7:06	17:02	6:29	17:40	5:43	18:10	4:55	18:43	4:24	19:12	4:21	19:27	4:42	19:12
28	7:05	17:03	6:27	17:41	5:42	18:11	4:54	18:44	4:24	19:13	4:22	19:27	4:43	19:11
29	7:04	17:04	6:25	17:42	5:40	18:12	4:52	18:45	4:23	19:14	4:22	19:27	4:44	19:10
30	7:03	17:06			5:38	18:14	4:51	18:46	4:23	19:15	4:23	19:27	4:45	19:09
31	7:03	17:07			5:37	18:15			4:22	19:16			4:46	19:08

Add one hour for daylight saving time, if and when in

me

August		September		October		November		December	
Rise	Set	Rise	Set	Rise	Set	Rise	Set	Rise	Set
4:47	19:07	5:18	18:24	5:47	17:33	6:21	16:47	6:56	16:24
4:48	19:06	5:19	18:22	5:48	17:32	6:22	16:46	6:57	16:24
4:49	19:05	5:20	18:21	5:49	17:30	6:24	16:45	6:58	16:23
4:50	19:04	5:21	18:19	5:50	17:28	6:25	16:44	6:59	16:23
4:51	19:03	5:22	18:17	5:51	17:27	6:26	16:43	7:00	16:23
4:52	19:01	5:23	18:16	5:53	17:25	6:27	16:42	7:01	16:23
4:53	19:00	5:24	18:14	5:54	17:24	6:28	16:40	7:02	16:23
4:54	18:59	5:25	18:12	5:55	17:22	6:30	16:39	7:03	16:23
4:55	18:58	5:26	18:11	5:56	17:20	6:31	16:38	7:04	16:23
4:56	18:56	5:26	18:09	5:57	17:19	6:32	16:37	7:04	16:23
4:57	18:55	5:27	18:07	5:58	17:17	6:33	16:36	7:05	16:23
4:58	18:54	5:28	18:06	5:59	17:16	6:34	16:35	7:06	16:23
4:59	18:52	5:29	18:04	6:00	17:14	6:36	16:35	7:07	16:23
5:00	18:51	5:30	18:02	6:01	17:12	6:37	16:34	7:08	16:24
5:01	18:50	5:31	18:01	6:02	17:11	6:38	16:33	7:08	16:24
5:02	18:48	5:32	17:59	6:03	17:09	6:39	16:32	7:09	16:24
5:03	18:47	5:33	17:57	6:04	17:08	6:40	16:31	7:10	16:25
5:04	18:45	5:34	17:55	6:05	17:06	6:41	16:31	7:10	16:25
5:05	18:44	5:35	17:54	6:06	17:05	6:43	16:30	7:11	16:25
5:06	18:42	5:36	17:52	6:08	17:03	6:44	16:29	7:11	16:26
5:07	18:41	5:37	17:50	6:09	17:02	6:45	16:28	7:12	16:26
5:08	18:39	5:38	17:49	6:10	17:01	6:46	16:28	7:12	16:27
5:09	18:38	5:39	17:47	6:11	16:59	6:47	16:27	7:13	16:27
5:10	18:36	5:40	17:45	6:12	16:58	6:48	16:27	7:13	16:28
5:11	18:35	5:41	17:44	6:13	16:56	6:49	16:26	7:14	16:28
5:12	18:33	5:42	17:42	6:14	16:55	6:51	16:26	7:14	16:29
5:13	18:32	5:43	17:40	6:16	16:54	6:52	16:25	7:14	16:30
5:14	18:30	5:44	17:38	6:17	16:52	6:53	16:25	7:15	16:30
5:15	18:29	5:45	17:37	6:18	16:51	6:54	16:25	7:15	16:31
5:16	18:27	5:46	17:35	6:19	16:50	6:55	16:24	7:15	16:32
5:17	18:25			6:20	16:49			7:15	16:33

I use.

